



Quandialla Central School

"Together we provide opportunities to succeed"

Newsletter Tuesday, 20th August, 2014 (Week B No. 26)

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.au/sws/view
/home.node](http://www.quandialla-c.schools.nsw.edu.au/sws/view/home.node)

**Relieving
Principal:**
Lisa Varjavandi

**Assistant
Principal:**
Wendy Robinson

**Head Teacher of
Secondary
Studies:**
Anne Noble,
Cathy Rowland &
Kym Orman

**School
Administration
Managers**
Reggie Ray &
Narelle Gault

**Parents and
Citizens
Association:
President:**
David Dixon

Secretary:
Leanne Penfold
Treasurer:
Catia Nowlan

Diary Dates – Term 3

August:

(LAP Trial HSC Exams, 11th August – 22nd August)

Wed.	20 th Aug.	BOOKWEEK Celebrations Parade – 2.20 p.m. At the conclusion of the parade a Bookfair will be held in the school library.
Tuesday	26 th Aug.	Enviro Champions visit to QCS – Years 3/4/5/6
Wed.	27 th Aug.	Life Education Van visit – Primary
Friday	29 th Aug.	Lachlan District PSSA Athletics (Area Trials) at Dubbo



2014 International Day Poster Competition Winners:

Back Row: (left to right) Hayden Bridger, Angus Kelly, William Dixon and Sarah Penfold. Front row: (left to right) Ellie Kessey-Francis and Billy Bridger.

Principal's Report – Week 6

Thank you to all involved in last Wednesday's CWA Luncheon, with Guest Speaker and Poster Display and Competition. The lunch preparation and service by Mrs Noble and our secondary students was excellent and the event was well attended. Thank you to Donna Slade for a very informative talk, illustrated by wonderful photos, on Botswana. I would assume that Mrs Dixon had a very difficult time deciding on the winning posters as they were all of good quality and K12 created amazing African masks!

This Monday's debate with Eugowra Public School was on the topic "That the internet is the best source of information for students". Eugowra won the debate; however, I am told, our students spoke well.

I am looking forward to this Wednesday's Book Week, with the big Parade at 2.20 pm. Mrs. Dixon has arranged a book fair and a number of activities. I'm sure that the students will have another informative and enjoyable day.

School attendance is also highlighted this week. On pages 7 and 8, there is this worrying statement: "If a student misses as little as 8 days in a school term, by the end of primary they will have missed over a year of education". This would also apply to the secondary years, from Year 7 to Year 12.

Contacting the school

Please contact the school for further information. I am available to meet with parents/guardians.

Thank you,

Lisa Varjavandi
Relieving Principal

BOOKWEEK CELEBRATIONS

Wednesday, 20th August, 2014

BOOK CHARACTER PARADE

Quandialla Central School will be celebrating Bookweek with a 'Book Character' parade on Wednesday, 20th August, 2014, commencing at 2.20 p.m. in the School Cola.

Students from Kindergarten to Year 9 will be involved in the Bookweek Parade.

Students may dress-up as their favourite Book Character.

BOOKFAIR – SCHOOL LIBRARY

At the conclusion of the Book Character Parade a "Bookfair" will be held in the Library.

All Most Welcome to attend our Bookweek Celebrations.

K-6 NEWS

BOOK WEEK

On Wednesday 20th August, the students in K-6 will be celebrating Book Week. Students will be participating in activities throughout the morning on shortlisted and award winning books. In the afternoon we will hold our Book Week Parade for all students including secondary commencing 2.20pm. Students are requested to dress as a book character. There will be time at 2.00pm to get dressed before the parade. Parents are invited to join us for the parade and earlier if they need to assist their children in getting dressed up. Parents are also invited to dress up. Please if possible have a copy of your book your character is from to show at the parade.

WESTERN CHALLENGE DEBATE

I was very proud of all our debaters in our Round 3 debate against Eugowra PS which was conducted via video conference at school today. The topic was 'That the internet is the best source of information for students'. All the students spoke very well and rebutted confidently. Eugowra won the debate.

CWA PROJECTS

Congratulations to the following students on winning the Boswana Project competition:

Year 3 – 1st Ellie Kessey-Francis

Year 4 – 1st Billy Bridger

Year 5 – 1st Angus Kelly 2nd William Dixon

Year 6 – 1st Sarah Penfold 2nd Hayden Bridger

Thank you to Mrs Donna Slade for giving a very interesting talk about her recent trip to Botswana.

LIFE EDUCATION VAN VISIT

The Life Education Van will be coming to Quandialla Central School on Wednesday 27th August. All K-6 will be involved. We are fortunate to have Barrick Gold subsidising the cost of this wonderful experience. Notes were in last week's and this week's newsletter and must be returned with **payment by Monday, 25th August, 2014.**

BLAND SPORTS 2014

The Bland Sports is coming up on Friday September 5th. This involves all of K-6. As we are hosting Caragabal and Bribbaree Schools we require lots of parent helpers for this day so please keep the date free as there will be lots of jobs. All students will compete in their age race, long jump, discus and shot put (some of these activities will be modified for 5 to 7 year olds). I will be asking for students to nominate in the 200m and the 800m and only three students in each of Juniors and Seniors from each school will compete in the high jump. There will be mixed Juvenile, Junior and Senior relays and ball games if we have time.

WEEKLY SPORT - GOLF

Then students from Year 3 – 9 have been learning golf skills in sport over the past 4 weeks. Mr Hofman attended a training course earlier in the year and the school was given a very generous kit to be used with the kids. It has been a lot of fun and everyone has participated fully with great success. We have chipped and puttied and played lots of great games. The students play with soft golf balls which takes away much of the danger. We are working up to setting up our own temporary golf course on the oval. Any parent who is interested is welcome to come and watch on Wednesday afternoons at 2.20pm. You will be amazed at the skills of the students.

HOMEWORK FOR YEARS 3-6

- Excel English and Mathematics Unit 18 (optional)
- Home Reading
- Spelling Words
- Students who have access to the internet can work on Mathletics and Reading Eggs
- Maths sheets on time and multiplication tables

CANTEEN NEWS & ROSTER

Term 3 – 2014

Our School Canteen is open on Wednesday

Time of Arrival is 10.00 a.m.

President: David Dixon – 6347 1271 / Secretary: Leanne Penfold – 6347 2119

Treasurer: Anne Dixon – 6347 1271

Roster:

20 th	August	-	Leanne Penfold
27 th	August	-	Jennifer Kelly
3 rd	Sept.	-	Tracy Penfold

Please Note:

If your name is not on the roster and you would like to have a turn on canteen, please contact Leanne Penfold and we will put you on the roster either with somebody this term or next.

Please remember to bring lettuce and tomatoes. Buns and ham are purchased from the Quandialla Café.

Please Note: Change of Date:

**The next School Assembly will be held on
Friday, 19th September, 2014**

Not Friday, 22nd August, as previously advertised.



Students in K/1/2 enjoyed creating African masks as part of their art project.

CW





HAROLD MERCHANDISE

Dear Parents,

Life Education NSW is a not for profit community-based organisation that relies heavily on the raising of funds within the community to assist in meeting the shortfall left after receiving minimal assistance from Government funding.

The sale of Harold merchandise to the children whilst the program is visiting each school supports the fundraising activities of local committees and all proceeds support Life Education within each local area. These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for children to purchase these products during the school visit. Please provide the **correct money** in an envelope with the item written on the face of the envelope along with your child's name and class. This allows the educator to process orders efficiently and accurately. Orders will be returned by the conclusion of the visit.

Product description	Price Incl. GST
Tattoo	\$0.50
Harold Sticky Note Pad	\$1.50
Harold Activity Bag	\$3.00
Harold Keyring	N/A

Product description	Price Incl. GST
Harold Hand Ball	\$3.00
Harold Stationery Set	N/A
Small Harold Soft Toy	\$8.00
Large Harold Soft Toy	\$15.00

NB Harold Products are subject to availability

Life Education NSW thanks you for your support.



- ☐ I would like to donate _____ to Life Education NSW.
Gifts of \$2.00 or over are tax deductible.

Name: _____ Phone (optional): _____

Address: _____

Suburb: _____ Postcode: _____

Email (optional) _____ Child's Class: _____

Visit Life Education at www.lifeeducation.org.au or www.healthyharold.org.au

PLEASE RETURN THE BELOW PERMISSION NOTE BY:
MONDAY, 25TH AUGUST, 2014

Wednesday, 27th August, 2014

Life Education NSW will be visiting our school



Here's a brief outline of the range of programs in which the children will be participating:

Clued Up	Early Stage 1 (K) – Healthy lifestyle, personal safety, safety with medicines, body knowledge & self-assertion skills
Harold's Surprise	Early Stage 1 (K) - Healthy food choices, importance of physical activity, safety
Harold's Mystery Tour	Stage 1 (Yr 1) - Body workings, safe use and storage of medicines, peer pressure and coping strategies, safety, decision making
Harold's Heroes	Stage 1 (Yr 2) - Environmental health issues, emergency procedures, individual needs for medicines and safe use and storage.
All Systems Go	Stages 1 & 2 (Yrs 2-3) Function of body systems, peer pressure, second hand smoking, safety with medicines.
Harold's Diary	Stage 2 (Yr 3) - Friendship, resilience, expressing emotions, coping strategies, healthy food choices, active lifestyles
bCyberwise NEW!	Stage 2 (Yrs 3 & 4) – Explores cybersafety through animation, vox pops of children, relevant scenarios, discussion & problem solving.
Mind Your Medicine	Stage 2 (Yr 4) - Safe and unsafe situations, medicines and consequence of misuse, peer influence and friendship, positive communication
On the Case NEW!	Stage 3 (Yr 5) – Short and long term effects of smoking, effects of passive smoking, laws, peer influence, and refusal skills.
Think Twice	Stage 3 (Yr 6) - Consequences of alcohol use and misuse, stay safe situations and refusal skills, laws controlling purchase and use.
It's Your Call IMPROVED	Stage 3 (Yrs 5 & 6) – Definition of legal drugs, decision making, emotions, peer pressure, risk taking, problem solving, safe and appropriate use of communication technology

The programs address many of the components and objectives within the NSW PDHPE curriculum.

Teachers of composite classes will choose the program which best suits the needs of their children.

THE COST IS \$5.50 PER CHILD WITH FUNDING FROM BARRICK GOLD.

I give permission forClass.....

to attend the Life Education program and enclose \$.....

Signature.....(Parent/Guardian)

Date.....



Education &
Communities

Public Schools NSW

Compulsory school attendance

Information for parents



Did you know that if a student misses as little as eight days in a school term, by the end of primary school they will have missed over a year of education?

The compulsory years of schooling

In New South Wales, all children from six years of age are legally required to attend school or be registered for home schooling. After they complete Year 10 and until they turn 17 years of age, students then have the following options. They may also be in:

- full-time further education and training (e.g. TAFE, traineeship, apprenticeship);
- full-time, paid employment of an average of 25 hours per week; or
- a combination of both of the above.

Children are expected to attend all school activities, on time. Regular attendance helps your child:

- develop the skills needed to access the world of work and other opportunities
- to learn the importance of punctuality and routine
- make and keep friendships.

What if my child has to be away from school?

If your child has to be absent from school, you must tell the school and provide a reason for your child's absence. To explain an absence parents and carers may be required to:

- send a note to the school, or contact the school via electronic means such as SMS text message, fax or email, or

- telephone the school, or
- visit the school.

A small number of absences may be accepted by the principal. For example, if your child:

- has to go to a special religious ceremony
- is required to attend a serious or urgent family situation (e.g. a funeral)
- is too sick to go to school or has an infectious illness.

What are school Principals responsible for?

Principals help to ensure the safety, welfare and wellbeing of your child. Principals have to keep accurate records of student attendance and the reasons for any absences. Principals are responsible for accepting or not accepting a parent's explanations for their child's absences. Principals may request further information from parents for long or frequent absences, even where they are explained by parents as being due to illness.

When absences are unexplained by parents, or the explanations are not accepted by the principal, the school will work with parents to help address the issue. The main aim is to sort out what is preventing the child from getting to school and putting strategies in place to help. Sometimes, the school will ask support staff and other agencies to assist.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department may take further action where children of compulsory school age have recurring numbers of unexplained or unacceptable absences from school. Some of the following actions may be undertaken.

■ Attendance meetings and compulsory attendance conferences

Parents (and sometimes their child) can be asked to go to a meeting with school personnel and other regional officers. The aim of the meeting is to help identify strategies to support the child and family. Other agencies may also be invited along to help, if parents agree.

If the school and other regional officers have tried to help improve a child's attendance, without success, parents (and sometimes their child) can be asked to go to a compulsory attendance conference. The conference will be run by a trained conference convenor. The aim of the conference is for the school, parents (and sometimes their child) and other identified agencies ("the parties") to further identify the issues which are impacting on a child's attendance.

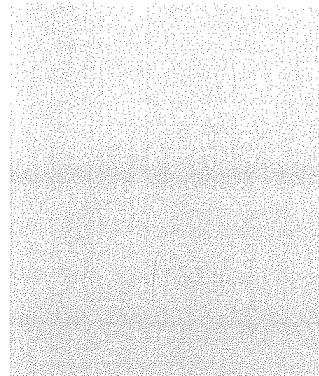
The outcome of a compulsory attendance conference is for the parties to agree to undertake certain actions to improve the child's attendance. These actions are written in the form of undertakings.

■ Applications to the Children's Court – A Compulsory Schooling Order

Legal compliance can be sought through an application to the Children's Court for a Compulsory Schooling Order. The aim is to assist a family and/or child to address the issues which are preventing satisfactory school attendance but has the added enforcement of a Court's powers.

■ Prosecution in the Local Court

If all attempts by schools and regional support staff fail to improve a student's attendance, action can be taken in the Local Court and the result can be fines up to a maximum of \$11,000.



Further information regarding school attendance can be obtained from the following websites

Policy, information and brochures:

<http://www.schools.nsw.edu.au/gotoschool/a-z/attendance.php>

The school leaving age:

<http://www.schools.nsw.edu.au/leavingschool/index.php>

Do you need an interpreter?

Interpreting services are provided, where possible, for parents/carers who do not speak or understand English well and for Deaf parents/carers who use sign language. The Telephone Interpreter Service is available 24 hours a day, seven days a week at the telephone number: 131 450. You will not be charged for this service.

See the website address:

http://www.immi.gov.au/living-in-australia/help-with-english/help_with_translating/

COMMUNITY NEWS

ST. MARK'S ANGLICAN CHURCH SERVICES:

St. Mark's services will be held on the first Sunday of the month at 5.00 pm or 6.00 pm daylight saving time.

All Most Welcome.

EXERCISE CLASSES:

Exercise Classes - 9.00 - 10.00 am Friday's at the Quandialla Memorial Hall.

\$7 / class, please bring water bottle, comfy clothing, and appropriate shoes.

Enquiries please phone: Kim 63472152.

ST. BRIGID'S CATHOLIC CHURCH SERVICES – 2014:

Please note: Quandialla and Bribbaree Masses will be held on the Second Sunday of each month alternatively as of July 2014

Mass at Bribbaree	10:00 am	September 14 th and November 9 th
Mass at Quandialla	10:00 am	October 12 th and December 14 th
Liturgy at Quandialla	10:00 am	4 th Sunday of each month

Quandialla Centenary Weekend: Fr Tony Hennessy will be celebrating Mass at Quandialla on Sunday 5th October 2014 commencing at 8:00 am

CWA EDUCATIONAL GRANTS and SCHOLARSHIPS 2014:

The following scholarships are available through the CWA. Forms are available from Quandialla Central School front office.

Jopling Education Grant:

Tenable by child or grandchild (boy and girl) of a member at any level of education from Year 3.

The Irene Ashton Memorial Education Grant:

Tenable by a student to assist with secondary or tertiary education.

The Jean Martin Memorial Education Grant:

To be awarded in the area of the Arts, to a boy or girl up to the age of 25 years with demonstrated artistic ability. This grant is available to members and non-members.

Students requiring any of these grant Application forms, please call into Quandialla Central School front office, during school hours. Please return completed applications **no later than 3.00 pm**

Friday, 29th August, 2014, to Quandialla Central School office.

No Late applications accepted. Thank you



Be part of this great initiative and help Grenfell become a healthier town



BRIBBAREE SHOW SOCIETY INC. – 88TH ANNUAL SHOW, SATURDAY, 4TH OCTOBER, 2014:
JUNIOR SHOW PAVILION PROGRAM – Craft, Cooking, Photography and a selection of Fun
Sections: For all ages up to and including Year 12. Every exhibitor will receive a gift.

Entries may be made through the following School's (Bribbaree, Quandialla, Caragabal and Maimuru) by **12 noon Friday, 19th September, 2014** (last day of Term 3), or delivered to the Bribbaree Showground Junior Pavilion by **12 noon on Friday, 3rd October, 2014**. All cooking entries are to be delivered to the Bribbaree Showground Junior Pavilion by **12 noon Friday, 3rd October, 2014**.

For further information please contact: The Secretary, Bribbaree Show Society on (02) 6383 2256.

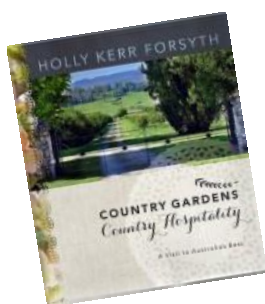
Please Note: Quandialla Central School has a copy of the 'Junior Pavilion' Program, for any interested exhibitors to view, during school hours.

Tall Poppies Garden Club

Invite you to
an evening with

Holly Kerr Forsyth

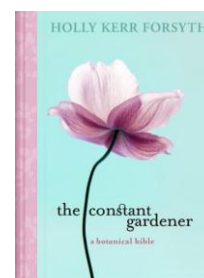
Renowned photographer and author of 11 books including
"The Constant Gardener" and most recently
"Country Gardens-Country Hospitality"



Quandialla Bowling Club Saturday August 23rd 6:30PM

Includes 3 course meal and presentation
No BYO

Tickets \$35.00 for sale at the venues below



Quandi Cafe and Pet Supplies
Quandialla Post Office
HozPots, Forbes
Gilberts, Young
Betts Gardens on Gallipoli, Temora
Thom, Dick & Harry's, West Wyalong

Proudly supported by



Weddin Mobile PreSchool Service, Quandialla

Steptember

Join our Quandialla PreSchool fundraiser.

Can you reach your 10 000 steps a day?

- pay \$15 to register,
- receive your very own pedometer,
- every day for the month of September send in your number of steps via sms or email by 9PM
- the person with the highest number of steps for the month wins **\$100**, second prize is a half hour massage donated by Angela Armstrong

There will be weekly updates about leaders in the competition and in the interest of sportsmanship any person caught falsifying their step numbers will be publically named and disqualified from the competition.

More information will follow but any person who wishes to enter the competition can contact Bronwyn Morley or talk to a Pre School Parent for a registration pack:

PH: 0429031780

E: bronwyn.roughley@bigpond.com



Quit-tember

Quit Smoking this September!



Health
Western NSW
Local Health District

Students in K/1/2 enjoyed creating African masks as part of their activities to celebrate the 2014 CWA International Day.

Presentation by
Sally Bembrick

Tobacco Treatment Specialist AASCP

(Australian Association of Smoking Cessation Professionals)

**Nicotine Dependence & Smoking Cessation
Coordinator, WNSWLHD**

FREE

If you have ever tried to quit smoking, and you are still smoking, it may be that you need some help. You may have a specific gene that can influence your smoking rate, your nicotine addiction, and your ability to give up smoking. Don't compare yourself with other smokers because levels of dependence vary greatly, as do responses to treatments. Each time you make a quit attempt you learn a little more about yourself. Don't give up, as each quit attempt gets you one step closer to eventually quitting. Come along and find out more

Date: Wednesday 27th August 2014

Time: 6pm to 8pm

Venue: The Grenfell HUB

- Nicotine Dependence The Physical v The Psychological
- How dependent are you?
- Immediate Benefits of Quitting
- Does cutting down actually work?
- Treatments – using enough and how to use them correctly
- Changing your habits
- Avoiding withdrawals & tips to help prevent a relapse
- Is my treatment working how can carbon monoxide monitoring help?
- Am I on a medication that needs to be adjusted if I quit?
- Smoking & Alcohol
- Tobacco Smoking and Cannabis

Please register your attendance

- Return this registration slip to Jenny Napier at Grenfell Community Health Centre
- Register by phone - Jenny Napier , Grenfell Community Health 6349 1777

Your Name:-

Your contact phone number:-

Registration is required by Monday 25th August 2014