



# Quandialla Central School

*"Together we provide opportunities to succeed"*

**Newsletter** Tuesday, 6<sup>th</sup> May, 2014 (Week A No. 13)

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**Relieving  
Principal:**  
*Lisa Varjavandi*

**Assistant  
Principal:**  
*Wendy Robinson*

**Head Teacher of  
Secondary  
Studies:**  
*Cathy Rowland/  
Anne Noble*

**School  
Administration  
Manager**  
*Robin Dowsett*

**Parents and  
Citizens  
Association:**

**President:**  
*David Dixon*

**Secretary:**  
*Leanne Penfold*

**Treasurer:**  
*Catia Nowlan*

## Diary Dates – Term 2

### May:

Sunday	11 <sup>th</sup> May	Mothers Day
Tues.-Thur.	13 <sup>th</sup> -15 <sup>th</sup>	NAPLAN – Year 3, 5 and 9 students
Wed.	14 <sup>th</sup> May	School Counsellor visit to QCS
Tues.	20 <sup>th</sup> May	ICAS Computer Skills test
Thursday	22 <sup>nd</sup> May	Australia Biggest Morning Tea at QCS
Friday	23 <sup>rd</sup> May	Lachlan District Cross Country at Forbes Racecourse

## Special Anzac Day Service



William Dixon and Bonnie Newham assisted at the 2014 School Anzac Day Service.

### **Anzac Day at School**

Our school Anzac Day Ceremony was held last Thursday, very capably organised by Ms Natalie Howard, with wreath created by Mrs Narelle Gault. A very big 'Thank you' to our guest speaker Mr John Walker, as well as our invited guests, Ken and Judy McAlister. Ken also wanted the opportunity to thank the students who also participated in the town service.

### **Forbes Small Schools Athletics Carnival**

Congratulations to our primary students for winning the March Past Trophy, the Juvenile Boys and Girls and Senior Girls Champion Awards and a number of 1<sup>st</sup> and 2<sup>nd</sup> place getters in the events! Further details are in the following pages.

### **Cross Country**

The school cross country was held on Monday afternoon – a sunny afternoon designed to encourage top speeds. Caragabal joined with us for a most enjoyable time.

### **NAPLAN**

Just a reminder that next week is the week for our NAPLAN tests for Years 3, 5 and 9.

### **Head Teacher Secondary Studies**

While I am Relieving Principal, Cathy Rowland (Tuesdays, Thursdays, Fridays and one Wednesday a fortnight) and Anne Noble (Mondays and second Wednesday) will be relieving as Head Teacher for the next 4 weeks.

### **Contacting the school**

Please contact the school for further information. I am always available to meet with parents/ guardians.

Thank you,  
Lisa Varjavandi  
Relieving Principal

## **WANTED:**

## **ITEMS FOR THE SCHOOL CLOTHING POOL**

If you can help with any items for our school clothing pool, it would be greatly appreciated. We currently do not have any larger sizes.

Donations may be left at the front office during school hours.

*Thank you.*

## **CANTEEN NEWS & ROSTER**

### **Term 2 – 2014**

Our School Canteen is open on Wednesday

Time of Arrival is 10.00 a.m.

President: David Dixon – 6347 1271 / Secretary: Leanne Penfold – 6347 2119

Treasurer: Anne Dixon – 6347 1271

#### **Roster:**

7 <sup>th</sup>	May	-	Tracy Penfold
14 <sup>th</sup>	May	-	Leanne Penfold
21 <sup>st</sup>	May	-	Jodi Atkins

#### **Please Note:**

If your name is not on the roster and you would like to have a turn on canteen, please contact Leanne Penfold and we will put you on the roster either with somebody this term or next.

Please remember to bring lettuce and tomatoes. Buns and ham are purchased from the Quandialla Café.



#### **Milk**

Milk is a good source of calcium, which gives children healthy bones and teeth. It is recommended that children have three serves of calcium rich foods a day. A glass of milk, a slice of cheese or a small tub of yoghurt, are each considered one serve.

Due to the high energy needs of babies and toddlers, reduced-fat milk is not suitable for children aged less than two years. However, from the age of two years, drinking too much milk can reduce a child's appetite and contribute to excess energy consumption. Therefore reduced-fat milk is recommended for children two years and over.

0 - 12 months	Cow's milk is not suitable. Breastmilk is best.
12 months to 2 years	Skim milk and reduced-fat milks are not recommended.
2 years and older	Reduced-fat milk can be used.

## **FORBES SMALL SCHOOLS SPORTS DAY**

We were extremely lucky to have such great weather on Friday for the carnival considering the cold change we've had over the weekend. It was wonderful to see the students all participating and it was obvious that all our training in standing jump and overarm throw paid off because we won the Overall Point Score Trophy for the first time since we joined the competition in 2008.

Mrs Dixon was elated when the students were awarded the March Past Trophy. They did look fabulous and managed to keep time and stay in line when it mattered.

Congratulations to:

**Hugh Nowlan - Juvenile Boys Champion**

**Dana Yerbury - Juvenile Girls Champion**

**Haylee Bridger/Sarah Penfold - Equal Senior Girls Champions**

Results for the Nominated Events were as follows:

**Girls 12 Years Olds 100 m - 1<sup>st</sup> Sarah Penfold      2<sup>nd</sup> Haylee Bridger**

**Girls 12-13 200 m – 1<sup>st</sup> Sarah Penfold      2<sup>nd</sup> Haylee Bridger**

**Girls 12-13 800m – 1<sup>st</sup> Haylee Bridger 3<sup>rd</sup> Sarah Penfold**

**Girls 12-13 High Jump – 2<sup>nd</sup> Haylee Bridger**

**Girls 12-13 Long Jump – 1<sup>st</sup> Haylee Bridger 3<sup>rd</sup> Sarah Penfold**

**Girls 12-13 Shot Put – 1<sup>st</sup> Sarah Penfold**

**Girls 12-13 Discus – 1<sup>st</sup> Sarah Penfold**

**Boys 11 Year Olds 200 m – 3<sup>rd</sup> Angus Kelly**

**Boys 11 Year Olds 800 m – 1<sup>st</sup> Angus Kelly**

**Boys 12-13 800 m – 2<sup>nd</sup> Hayden Bridger**

**Boys 11 Year Olds High Jump – 3<sup>rd</sup> Zachary Broomby**

**Boys 11 Year Olds Long Jump – 3<sup>rd</sup> Angus Kelly**

**Boys 11 Year Olds Shot Put - 3<sup>rd</sup> William Dixon**

Note that both first and second place getters in the running events goes through to the District Carnival at Parkes but only first place getter in each field events can go through.



# FORBES SMALL SCHOOLS SPORTS DAY

## *Photo Gallery*



## Congratulations Quandialla Central



Friday, 2<sup>nd</sup> May, 2014

# Premier's Sporting Challenge

Dear Parents/Carers

Our school has registered to participate in the **2014 NSW Premier's Primary and Secondary School Sport Challenge**.

The purpose of the Challenge is to encourage students to participate in sport, games and physical activity and to have *more students, more active, more often!*

Over a ten school week period commencing 29/4/14 and finishing the end of Week 1 Term 3, our Kindergarten to Year 9 students will be monitoring physical activity we do during class time, at recess and lunch as well as during sport.

What we do outside school hours will also count towards the Challenge award. As this year marks the 20<sup>th</sup> Anniversary of the United Nations International Year of the Family, we'd especially like to encourage all our families to support us in encouraging students' healthy use of leisure time and to experience the joy of being active together.

For Primary students: Each student will be issued with a Challenge log book to record their physical activity. Or for Secondary students: Students are encouraged to download the free PSC app for smart phones or desktop, to aide in recording and monitoring their physical activity levels.) Log books will be kept at school and filled in daily.

Students completing the Challenge will receive a personalised certificate from the Premier of New South Wales.

Physical activity is valued for its physical, social and emotional benefits. It also helps young people to develop communication skills, confidence and resilience while having fun with family and friends.

If you would like to discuss any aspect of the Challenge or make suggestions, please contact Mrs Robinson or Mr Hofman who will be pleased to talk further with you. For more information on the *NSW Premier's Sporting Challenge* please visit [www.online.det.nsw.edu.au/psc](http://www.online.det.nsw.edu.au/psc)

I know our students are really looking forward to participating in the *NSW Premier's (Primary or Secondary) School Sport Challenge* and having fun along the way!

Yours sincerely

Wendy Robinson  
Assistant Principal

April 2014



# What's Special about My Mother

Interviews with Kindergarten to Year 6 students

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I'm lucky I have my Mum, because I wouldn't be alive without her.  
She's an excellent cook.  
*Haylee Bridger*

She's a good cook and does the washing.  
*Bonnie Newham*

She loves me.  
*Ellie Kessey-Francis*

She's a good singer. She buys us blankets to keep us warm at night.  
*Billy Bridger*

She cooks good meals and she looks after me.  
*Dustin Newham*

She helps with stuff and she helps me when I get stuck on something.  
She likes making candles and she likes making toast.  
*Lucas McAlister*

She teaches me lots of things. She lets me help her cook.  
*Summer Dixon*

For teaching me how to ski and for taking me skiing and to sport.  
*Angus Kelly*

Even when she is hurt, she still takes me around for sport.  
She always puts others before herself.  
*Sarah Penfold*

# What's Special about My Mother

She taught me how to ski. She cooks my favourite Greek dessert.

*William Dixon*

She takes me places that I need to go.

*Hayden Bridger*

She makes really good food.

When I'm at home, and I'm really sick, she rubs vapor rub on my chest.

*Zachary Broomby*

She cooks good food. She reads me stories.

*Dana Yerbury*

Because she loves me.

*Hugh Nowlan*

She makes good candles. She makes good dinners.

*Monty Ryan*

She spoils me ..... Lots! She's a great cook.

*Emily Amey*

She cares for me.

*Reuben Ryan*

## HAPPY MOTHERS' DAY

to all our Special Mothers

on

Sunday, 11<sup>th</sup> May, 2014



## **COMMUNITY NEWS**

### **PLEASE NOTE: FOX BAITING – QUANDIALLA DISTRICT:**

Fox baiting will be carried out on Maurie Payne's property (on the Western side of Quandialla) between 5<sup>th</sup> – 30<sup>th</sup> May, 2014.

C. Dixon

### **TALL POPPIES GARDEN CLUB NEWS - PLEASE NOTE CHANGE OF DATE:**

Garden Club is again on this weekend, 'Mothers Day' - Sunday, 11<sup>th</sup> May at 2.00 p.m., at Jenny and Michael Philpots garden on the Boorowa Road, Young. The garden is full of beautiful autumn colour and is such a pleasure to see. Hope you can make it!

Sarah Curry

### **ST. BRIGID'S CATHOLIC CHURCH SERVICES – 2014:**

Mass 10:00 am 2<sup>nd</sup> Sunday of the month

Liturgy 10:00 am 4<sup>th</sup> Sunday of the month

Services held at St Mark's Anglican Church until further notice.

### **ST. MARK'S ANGLICAN CHURCH NOTICE:**

Services held 5.00 pm, fourth Sunday of the month, during winter months.

All welcome.

### **EXERCISE CLASSES:**

Exercise Classes - 9.00 - 10.00 am Friday's at the Quandialla Memorial Hall.

\$7 / class, please bring water bottle, comfy clothing, and appropriate shoes.

Enquiries please phone: Kim 63472152

### **Intention to apply: Year 5 entry to an opportunity class in 2015**

Dear Parent/Carer

Government schools use a range of strategies to meet the educational needs of gifted and talented students. One strategy is opportunity class placement which provides intellectual stimulation and an educationally enriched environment for gifted and talented students.

Offers for opportunity class placement will be made on the basis of the Opportunity Class Placement Test results and school assessment. The Opportunity Class Placement Test will be held on **Wednesday 23 July 2014**.

If you would like to apply for opportunity class placement in Year 5 in 2015 on behalf of your child, you need to do so soon.

Most applicants are expected to apply on the internet and submit their application online. They will need to have an email address (not the student's email address), access to the internet and a printer.

Detailed instructions on how to apply online will be available from **Monday 28 April 2014** at [www.schools.nsw.edu.au/ocplacement](http://www.schools.nsw.edu.au/ocplacement). Online applications close on **Friday 16 May 2014**. Applications after Friday 16 May 2014 will generally not be accepted.

If parents do not have internet access, commercially printed application forms will be available on request from the school on **Monday 28 April 2014**. They must be completed and returned to the school by **Friday 16 May 2014**.

The applications will be processed by the school in exactly the same way whether you apply online or submit a commercially printed form. Parents are to submit only **ONE** application for each student.

Yours sincerely

Principal

Cut along the dotted line and return the completed slip below to this school by next Friday.

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### **Intention to apply: Year 5 entry to an opportunity class in 2015**

**Note:** This is an expression of interest only, **NOT** an application. You will need to submit either an online or a paper application for your child to be considered for placement.

Student's name: \_\_\_\_\_ Class: \_\_\_\_\_

I am interested in applying for opportunity class placement in 2015 Yes ☐ No ☐

if Yes:

I have internet access and will be applying online Yes ☐ No ☐

**OR**

I do not have internet access and would like to receive a printed application form ☐

Signature of parent/carers: \_\_\_\_\_ Date: \_\_\_\_\_