



Quandialla Central School

"Together we provide opportunities to succeed"

Newsletter Tuesday, 18th March, 2014 (Week B No. 8)

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Principal:
Phillip Foster

**Assistant
Principal:**
Wendy Robinson

**Head Teacher of
Secondary
Studies:**
Lisa Varjavandi

**School
Administration
Manager**
Robin Dowsett

**Parents and
Citizens
Association:**

President:
David Dixon

Secretary:
Leanne Penfold

Treasurer:
Catia Nowlan

Diary Dates – Term 1

March:

Wednesday	19 th Mar.	School Counsellor visit to QCS Active After School (Last Day for Term 1)
Friday	21 st Mar.	Multicultural Day – Wyalong Public School (K-Year 6)
Mon.	24 th Mar.	Year 11 English Assessment at Condobolin
Mon.-Frid.	24-28 th	LAP HSC Half Yearly Exams
Sun.-Mon.	30-31 st	National Young Leaders – Primary Excursion to Sydney (Year 5 & Year 6 Students).

Taronga Zoomobile



Left to right: Tyson, Monty, Hugh and Summer enjoyed learning about an echidna, from a Taronga Zoomobile staff member on Monday, 17th March.

School assembly

A small number of parents and family members joined us for the school assembly on Friday 14 March.

The members of the 2014 Student Representative Council were inducted at this assembly. Ms Natalie Howard conducted the induction and led the representatives in taking the oath of office. In taking this oath, the SRC representatives committed themselves to democratically and fairly representing the views of all of the members of their respective Stage group. This is a significant responsibility, and will provide valuable learning opportunities for each SRC representative.

A few other things impressed me during the assembly. For example, the very capable way in which our school captains led the assembly and the way in which our senior students assist our junior students. Our senior students genuinely care for our junior students, and don't need to be asked to do so. This is one of the less tangible outcomes of learning at our school. Also, every student at the assembly was dressed in full school uniform and they looked absolutely wonderful. And, the quality of singing was excellent. The singing of the School Song and the National Anthem was just brilliant. A big "thanks" to all students and guests for this. I think there is nothing better than hearing our National Anthem sung well and with conviction.

The next school assembly is scheduled for Friday of Week 10 that is Friday 4 April. Please pencil this into your diary.

A very busy week

This week, Week 8 of 11, is a very busy week for students and staff. There are two excellent excursions involving the Primary students. Secondary students continue to be involved in their LAP and VET programs, and secondary staff members are preparing the Interim Reports for secondary students. In addition, the SRC had organised a charity fundraising activity on Monday.

NAPLAN tests

Here is another reminder about the NAPLAN tests. The National Assessment Program in Literacy and Numeracy (NAPLAN) tests will be conducted over the three days of Tuesday 13 May, Wednesday 14 May and Thursday 15 May this year. All students in Years 3, 5, 7 and 9 will in all government and non-government schools will complete the tests.

The NAPLAN tests provide information about students' learning to parents and schools.

Please make sure your children attend school on these dates so that they complete the NAPLAN tests. The tests cover Language Conventions, Writing, Reading and Numeracy.

You can obtain information about every school's performance in the NAPLAN tests by visiting the www.myschool.edu.au website. This website has only recently been updated.

School documents published

I am very pleased to let you know that a number of important school documents are now available on the Quandialla Central School website.

The 2013 Final Evaluation Report; the 2013 Annual School Report, and the 2014 School Plan are now available on the school website. The 2013 QCS Yearbook will be available on the school website within a few days. The school website is at www.quandialla-c.school@det.nsw.edu.au

Don't forget that you can access lots more information on Quandialla Central School by going to the www.myschool.edu.au website as well.

Retirement

Invitation - please feel welcome to drop in for a "cuppa" and a "chat" with me at school before I finish up on Friday 11 April. Look forward to seeing you.

National Assessment Program – Literacy and Numeracy (NAPLAN)

If your child is currently in Year 3, 5, 7 or 9, they'll sit NAPLAN tests this May. And despite what you may have heard, there's no reason to panic or start an intensive study schedule for your child.

Find out more at : <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/all-about-naplan>

Sushi train

Brown rice sushi rolls are a nutritious change to pack for school lunches. Unlike white rice sushi, they can be made the night before, and the filling can be adapted to suit your child's preferences. Pack in a chiller bag with an icepack and include some little soy sauce fish.

Find out more at: <http://www.schoolatoz.nsw.edu.au/en/wellbeing/food/recipes/meat-and-fish-dishes/brown-rice-sushi-rolls>

School A to Z app

Do you struggle to understand your child's homework? Does your child need to practise their spelling and times tables? Are you looking for inspiration for projects and assignments? This free homework helper app provides maths and English glossaries, assignment starters and more.

Find out more at: <http://www.schoolatoz.nsw.edu.au/about/mobile-applications/school-a-to-z>

Wild Australia app

Your child can use this terrific app as an interactive educational tool at Taronga Zoo in Sydney or at Taronga Western Plains Zoo, Dubbo. Wild Australia can also be used at home to discover more about the zoos' amazing animals and interesting keepers.

Find out more at: <http://www.schoolatoz.nsw.edu.au/zh/homework-and-study/educational-games/taronga-zoo-wild-australia>

Comprehension help at home

Every subject relies on students having the ability to understand what they're reading and then use the information in a certain way. Here's how to check your child's comprehension and help them to improve.

Find out more at: <http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/reading/comprehension-strategies-you-can>

Essay help video

Teachers talk about essay structure and how parents can help, even if they're not familiar with the topic. The package comes complete with a range of useful reference sheets on tasks such as critical analysis, evidence and references.

Find out more at: <http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/writing-essays>

Enrolling children at school

Quandialla Central School is a very well resourced school, with excellent teachers and staff, where students consistently achieve excellent results. The school works closely with parents, families and the community.

Parents and families are invited to contact the school for further information on enrolling children in Kindergarten and Years 1 to 12 at Quandialla Central School for the 2014 school year.

Contacting the school

Please contact the school for further information. I am always available to meet with parents, provide further information and answer questions.

Kind Regards

Phillip Foster - Principal

Monday, 17th March, 2014

Quandialla Central School students and staff participated in/or supported 'Funky Hair Day' yesterday. All funds raised will be sent to the Leukaemia Foundation.

Funky Hair Day Funky Hair Day



Celebrating 'Funky Hair Day 2014'



Funky Hair Styles



2014 International Competitions and Assessments for Schools (ICAS)

Dear Parent

The University of New South Wales is offering your child an opportunity to participate in the **International Competitions and Assessments for Schools (ICAS)**.

ICAS assessments have taken place annually in schools for over thirty years and in 20 countries. Educational Assessment Australia (EAA), who design and deliver the assessments, is the not-for-profit arm of the University of New South Wales.

ICAS:

- is an annual skills development assessment program in key areas of learning for students in Years 2-12; assessments are available in Computer Skills, English, Mathematics, Science, Spelling and Writing
- gathers performance information through a 30–60 minute supervised in-school test
- provides a continuous, independent and comprehensive record of a student's performance, and maps their development over the full period of primary and secondary schooling
- enables the progress of each student to be mapped in each skill against their previous performance, demonstrating personal improvement no matter the starting point
- uses fellow students' results as a reference point; results are mapped against all students sitting at the same year level in Australia
- provides an excellent preparation for national testing
- enables students at all levels of ability to participate; ICAS contains questions designed to specifically explore the abilities of students of all standards – this includes those of both lower and higher levels of achievement
- medals are awarded to the top students in each subject in each school year in each state when sufficiently meritorious and the test was sat on the official test date
- achievement certificates are awarded to all students at a range of levels:
 1. **High Distinction** to the top 1% of students
 2. **Distinction** to the next 10% of students
 3. **Credit** to the next 25% of students
 4. **Merit** to the next 10% of students
 5. **Participation** to all other students
- results are available to parents and students online; these online reports and analyses remain available indefinitely. ICAS reports indicate which questions were answered correctly, compare student performance to that of the other students tested and are highly suitable for inclusion in a student's portfolio for future tertiary entrance or job opportunities
- entries are administered through the school, so teachers can also access the information

To enrol your child in ICAS, please complete the registration form overleaf and return it, with your entry fees, to school by **Wednesday 2nd April**

For more information about ICAS go to www.eaa.unsw.edu.au, contact Customer Service on (02) 8344 1010 or send an email to info@eaa.unsw.edu.au

Your child can also prepare for ICAS using Practice Online. Practice Online tests are available for English, Mathematics and Science. Find out more about Practice Online at www.eaa.unsw.edu.au/practice-online

Yours sincerely

Dr Sofia Kesidou
Group Executive
Educational Assessment Australia
Educational Assessment Australia

Phillip Foster
Principal
Quandialla Central School

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Registration Forms are attached to this Newsletter.

CANTEEN NEWS & ROSTER Term 1- 2014

Our School Canteen is open on Wednesday

Time of Arrival is 10.00 a.m.

President: David Dixon – 6347 1271 Secretary: Leanne Penfold - 6347 2119

Treasurer: Anne Dixon - 6347 1271

Roster

19 th	March	-	Leanne Penfold
26 th	March	-	Kim Broomby
2 nd	April	-	Tracy Penfold

Please Note:

If your name is not on the roster and you would like to have a turn on canteen, please contact Leanne Penfold and we will put you on the roster either with somebody this term or next.

Please remember to bring lettuce and tomatoes. Buns and ham are purchased from the Quandialla Café.

PARENT PLEASE NOTE

New Dates:

Monday, 24th March, 2014

Year 11 English Assessment at Condobolin High School



Water

Tap water makes the best drink!

Not only is it thirst quenching, but also contains fluoride which helps make teeth stronger. Here's what water has to offer:

- it is cheap and readily available
- it doesn't contain any kilojoules or sugar
- it encourages optimal function of the body

We should all aim to drink between five to eight cups of water a day. In the warmer months it is important to keep well hydrated. Always have water available when children are active. Encourage them to drink water regularly, even in cooler months.



The Primary classes are being encouraged to bring some “Crunch and Sip” food each day. The teacher tells their class when this can happen. It is usually about 10.00am.

Sipping on water in class is encouraged and all students should have a water bottle with them throughout the day.

The aim is to have a quick, healthy snack of fruit or vegetables part way between breakfast and recess. This helps our bodies and brains to function better and also gets us into good habits of healthy eating. Eating crunchy foods is also good for our jaws and helps to keep the Eustachian tubes clear, which helps with our hearing.

K-6 students should be bringing a small container or piece of fruit or vegetable that can be eaten in about 5 minutes. Suggestions include carrot, celery, apples, cucumber, capsicum, beans and snow peas. Other softer fruits such as grapes, rockmelon, strawberries, mango, watermelon, cherry tomatoes and dried fruits are fine for a change. We are fortunate to have the use of fridges to keep the food cool and tasty.

Foods like Muesli bars, chocolate bars, roll-ups, yoghurt and fruit lollies are not to be brought for Crunch and Sip. They can be eaten at recess or lunch. If you have any questions please feel free to contact your child’s class teacher.

COMMUNITY NEWS

PROPOSED PUPPET MAKING WORKSHOP:

Sue Wallace from the Sydney Puppet Theatre is visiting Grenfell during Library Week and is presenting two performances.

If there is sufficient interest there is the option of an after-school puppet-making workshop with Sue on Friday 23rd May.

The cost is \$20 per child (discount for more than one from the same family), but all materials are provided. Target age is six to fifteen and parents are welcome.

If you are interested in this opportunity please contact the Grenfell Public Library **before 20th March** as a minimum attendance of fifteen is required for the workshop to go ahead.

Phone: 6343 1334. Email: grenlib@grenfell.org.au

GRENFELL JUNIOR RUGBY LEAGUE INVITES

You to Represent Your Town

Boys and girls of all ages are welcome to represent Grenfell and District playing for YOUR TOWNS premier junior sporting club.

Travel and play as a club, enjoy after match functions and free BBQ for the whole family, enjoy the player presentations and members draw following every home game. Mid season fund raisers for everyone to enjoy, for example the renowned "OPEN MIC NIGHT" FUN FOR THE WHOLE FAMILY. Age divisions

Boys

U7's, U8's, U10's, u12's, U14's & U16's

Girls

Infant/primary school age and secondary school age

Grenfell Junior Rugby League Club invites YOUR family to join in on the fun in representing YOUR TOWN playing the great game of Rugby League in the Group XI, Lachlan District Junior Rugby League competition.

All new registrations receive a free pair of playing shorts and socks.

All players will receive a playing jersey at the end of season presentation day.

Girls are non contact League Tag.

Boys U7's to U12's play modified rules to enable them to increase their skill levels before playing international rules in the u14's and U16's.

Training Tuesday and Thursday afternoons from 5pm (confirm times for each age division).

For all enquiries please contact Trevor Mawhinney President 0413 444 595, Brenda Hurst Strange Secretary 0423 273 371. Email: grenfelljrl@hotmail.com

ST. BRIGID'S CATHOLIC CHURCH SERVICES – 2014

Mass 10:00 am 2nd Sunday of the month

Liturgy 10:00 am 4th Sunday of the month

Services held at St Mark's Anglican Church until further notice.

EXERCISE CLASSES:

Aqua Classes - 9.00 - 10.00 am Friday's at the Quandialla Swimming Pool.

\$7 / class, please bring water bottle, comfy clothing, and appropriate shoes.

Enquiries please phone: Kim 63472152

Sale O' Sale O'

FOR SALE - FURNITURE AND HOUSEHOLD GOODS:

Phil is retiring and everything must go – dining suite; coffee table; small utility table; 2 TVs with set top boxes; single bed (as new Sealy mattress); b/r drawers with book shelf; small drawers; small bookcase; lamps; kitchen appliances; some cutlery/crockery. **Very realistic prices** (or offers) Inspect at Residence on 8, 9, 10 April. Sale 9.00am (or collect by) 11, 12 April. Contact Phil at school on 63471207.

MASSAGE THERAPIST:

Angela Armstrong will be practicing in Quandialla on 31st March and 1st April, 2014.

1 hour - \$50.00 / ½ hour - \$35.00

Health Fund rebates available.

ATMS Accredited.

Please contact Angela on 0421 170 743 or Ruth Penfold on 6347 2130.

SUPPORT CANCER RESEARCH - CAR RALLY‘BATTERY DRIVE’:

This Rally is an annual event that raises money for Cancer Research.

Local resident, Bevan McAlister and his daughter, Danette, have been accepted into this year's event. They will be driving a 1993 Holden Apollo, which will be painted to look like a dog. To help raise funds, flea stickers will be available for purchase. These will be stuck on the car for the journey!

Bevan and Danette are currently holding a Battery Drive to raise funds for Cancer Research. If you have any batteries that you would like to donate to the Battery Drive, please leave at Bevan's home, Fourth Street, Quandialla. Batteries may be left at the southern side of Bevan's house.

The Battery Drive will finish on Saturday, 12th April, 2014.

All funds raised from the Battery Drive and from the sale of 'Flea' stickers, will go to Cancer Research.

For further information please contact Bevan on 6347 1227.

Please support this very worthy cause.

Barley to Beer

Invitation: Food and beer matching evening.



GrainCorp



Grain Corp, Australia's leading agribusiness and Central West Farming Systems, invites you to our exclusive *Plan Before You Plant* – Barley to Beer night. It's your chance to learn how to correctly match beer with food, malsters preferred varieties, segregation planning, outcomes of co-funded GRDC & NSW Department of Primary Industry barley trials and agronomic information.

Event Details

Location: Quandialla Bowling Club

Date: 25th of March

Time: 6 pm start

Price: \$20 per person.

RSVP: 18th of March

Bookings essential

Get more from your beer

Throughout the evening you'll hear exclusive insights on the coming harvest while enjoying a variety of boutique and different beer styles, each matched to your food.

Discover

- Preferred malting barley varieties – GrainCorp (with input by domestic maltsters and brewers)
- Barley trial information – NSW Department of Primary Industries.
- Pre-season assessments and considerations (soils and nutrients) – Central West Farming Systems.

Contact: Central West Farming Systems on: 02 6895 1015 or email:
cwfs@industry.nsw.gov.au for bookings

GrainCorp supports safe
drinking. Enjoy Responsibly



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Research &
Development
Corporation
From GRDC, working with you



Please Note: If anyone can't attend the dinner but is interested in listening to the presentations you do not need to book. Presentations will commence at around 6.00 p.m. after everyone has arrived and is seated and will take approximately 1 – 1.5 hours. Presentations conclude around 7.00 - 7.30 pm. and serving of the meal commences.