



Quandialla Central School

"Together we provide opportunities to succeed"

Newsletter Tuesday, 24th November, 2014 (Week B No. 38)

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**Relieving
Principal:**
Lisa Varjavandi

**Assistant
Principal:**
Wendy Robinson

**Head Teacher of
Secondary
Studies:**
*Anne Noble,
Cathy Rowland &
Kym Orman*

**School
Administration
Managers**
*Reggie Ray &
Narelle Gault*

**Parents and
Citizens
Association:
President:**
David Dixon

Secretary:
Leanne Penfold
Treasurer:
Catia Nowlan

Diary Dates – Term 4

November:

Special Quandialla P.&C. Association – General Meeting
Thursday, 27th November, 2014
7.30 p.m. at the Bland Hotel – ALL MOST WELCOME

December:

Wed. 3rd Dec. Year 6-7 Orientation at T.H.L.H.S.
Tuesday 16th Dec. Presentation Day – commencing at 9.30 a.m.



Brendan Bridger and Tara McGuire are learning the art of making a macramé necklace in their Visual Art class.

Principal's Report – Week 8 Cybersmart Outreach Program

Yesterday we had two presentations from Lesley Harrison, a Cybersmart Outreach Program presenter – an engaging speaker who had a wealth of information to impart. One session was for Years 3 – 9 students and the second was for parents/ teachers. We have enclosed further information in this newsletter.

Principal for 2015

On Monday we were informed that Phillip Foster will be returning next year as Principal of Quandialla Central School. This will change some of our forward planning with regards to the school plan and timetable for 2015 and will also have some staffing implications.

Thank You!

I would like to take this opportunity to thank students, parents, staff and the wider community for the support that I have received in the position of Relieving Principal. The next few weeks will be the last ones of my 35 year teaching career as I will be taking a year's Deferred Salary Year followed by 6 months long service leave. My time at Quandialla has been one of the many highlights in my profession. Thank you!

Contacting the school

Please contact the school for further information. I am available to meet with parents/ guardians.

Thank you,

Lisa Varjavandi
Relieving Principal



5 facts about strawberries

1. Strawberries aren't actually berries, they are known as 'accessory fruits'
2. On average, strawberries have about 200 seeds
3. They're the only fruit with their seeds on the outside
4. They are a good source of Vitamin C
5. Most children love them!

**Why not pack strawberries for
Crunch&Sip® this week?**

K-6 NEWS

SCHOOL SWIMMING SCHEME Dec 1st – Dec 12th

We will be attending the pool each day from 9.15 to 10.15.

The School Swimming and Water Safety Program is a learn to swim program that develops water confidence and provides students with basic skills in water safety and survival. The Program provides opportunities for students in Years 2 to 6 to attend daily lessons of 45 minutes over 10 consecutive days. However, as we are a small school we are allowed to include our Kindergarten and Year 1 students. The school has employed locals, Hannah Broomby and Eliza Taylor, who are both AUTSWIM qualified to teach this year. This year some of our very capable swimmers will not be attending but remaining at school with Mrs Robinson. **Please ensure permission notes have been returned.**

END OF YEAR PLAY

Last week we commenced rehearsals for our end of year play with a couple of readings and allocation of roles. This play will be performed at this year's Presentation Day and no doubt parents will be hearing more about it from children over the next few weeks.

LAST WEEK OF KINDERGARTEN ORIENTATION

This Thursday will be the last day of Kindergarten Orientation for the year. The students have all appeared to have enjoyed their days with K/1/2 with Mrs Dixon and certainly livened up the playground. The parent information session last week was well attended. Parents who require further information about the orientation could contact the school by phone on 63471207.

Wendy Robinson - Assistant Principal

Quandialla Central School

PERPETUAL SCHOOL TROPHIES

Could all Perpetual Trophies please be returned to the front office as soon as possible, as we are currently planning for our 2014 Presentation Evening.

QUANDIALLA P.&C. ASSOCIATION

Special General Meeting

THURSDAY, 27th NOVEMBER, 2014

commencing at 7.30 p.m.

at the Bland Hotel, Quandialla

Agenda:

- **Planning, Preparations & Directions for 2015.**

**Parents, New Parents & Community Members
are all Most Welcome to attend this
Special Meeting of the Quandialla P.&C. Association.**

David Dixon – President
Quandialla P.&C. Association

For further information please contact David on 0427671271

Cyberbullying

Cyberbullying is the use of technology to bully a person or group. Bullying is repeated behaviour with the intent to harm others. Behaviour may include:

- + Abusive texts and emails
- + Posting unkind or threatening messages, videos or images on social media websites
- + Imitating or excluding others online
- + Inappropriate image tagging

For many teenagers, their online life is an important part of their social identity. Many young people fear that parents might take away their devices and refuse access to the internet and so do not report cyberbullying to their parents. Teenagers are also often concerned that parents' actions

will make cyberbullying issues worse, so it is important to remain calm and supportive.

Trolling is when a user intentionally causes distress by posting inflammatory comments online.

Trolling differs from cyberbullying in that trolls aim to gain attention and power through disruption of conversation by encouraging a defensive reaction from those they attack. Cyberbullying usually focuses less on the reaction of the victim, and more on the feelings and authority of the bully. Cyberbullying is usually repeated behaviour, while trolling can be one-off.

WHAT CAN I DO? As a parent, you can help your child and encourage them to take control of the issue.

- + Talk to them about cyberbullying before it happens. Work out strategies to address any potential issues and reassure your child that you will be there to support them.
- + Advise your child not to reply to any messages from a bully. Often if bullies don't receive a response they will give up.
- + Learn how to block a bully so they are no longer able to make contact.
- + Keep a record of harassing messages in case authorities become involved. Put them somewhere your child won't continue to see them.
- + Contact the website administrator or use the reporting function to ask for content to be removed or to report harassment.
- + Talk to your child's school if cyberbullying involves another student. The school should have a policy in place to help manage the issue.
- + Remember that if your child has been involved in cyberbullying and seems distressed or shows changes in behaviour or mood it may be advisable to seek professional support, including through the Cybersmart Online Helpline at cybersmart.gov.au/report.aspx

Social Networking

Social networking describes a variety of services like Facebook, YouTube, Instagram, World of Warcraft, Moshi Monsters, Twitter, Skype, Snapchat, Minecraft and many others.

All of these services enable direct interaction between individuals. Users can post information about themselves, display photos, tell people what they've been up to, chat and play games. Social networking forms a part of the social identity of many teenagers.

GROOMING

Online grooming is the illegal act of adults making contact with a child online for the purpose of establishing a sexual relationship. Often this will be via a social networking site, but it may also be through other online services.

WHAT CAN I DO? As a parent, you can help your child have positive experiences on social networking sites.

- + Stay involved in your child's use of new technology. Set up your own account and learn about privacy settings so you can understand how you can best protect your child. It can be fun for you too!
- + Check the age restrictions for the social networking service or game. Some social networking sites (such as Club Penguin) are created especially for children under the age of 13, but most mainstream sites like Facebook, Instagram and others require the user to be 13 or older.
- + Advise children to set their accounts to private so that only people they want to see it can view their information.
- + Encourage children to think before they put anything online. Information posted online can be difficult or impossible to remove. An inappropriate image posted today can have a long term impact on their digital reputation.
- + Show them how to set up location services on their phone so they are not inadvertently broadcasting their location.
- + Remind children to be careful when making new friends online; people may not be who they say they are. Never arrange to meet an online friend unless a trusted adult is with them.
- + Report any abuse or inappropriate content to the social networking site and show children how to do this too.
- + Learn how to keep a copy of online conversations and how to block people prior to an issue occurring.

For more information on managing your children's access to particular social networking sites, visit cybersmart.gov.au/parents.aspx

CANTEEN NEWS & ROSTER

Term 4 – 2014

Our School Canteen is open on Wednesday

Time of Arrival is 10.00 a.m.

President: David Dixon – 6347 1271 / Secretary: Leanne Penfold – 6347 2119

Treasurer: Anne Dixon – 6347 1271

Roster:

26th Nov. - Margaret Priestley

3rd Dec. - Jodi Atkins

10th Dec. - Leanne Penfold

Please Note:

If your name is not on the roster and you would like to have a turn on canteen, please contact Leanne Penfold and we will put you on the roster either with somebody this term or next.

Please remember to bring lettuce and tomatoes. Buns and ham are purchased from the Quandialla Café.

PARENTS PLEASE NOTE:

NSW GOVERNMENT HEALTH

INFECTIOUS DISEASES OF CHILDHOOD

Gastroenteritis

Time from exposure to illness

Depends on cause: several hours to several days.

Symptoms

A combination of frequent loose or watery stools, vomiting, fever, stomach cramps, headaches.

Do I need to keep my child home?

Yes, at least for 24 hours after diarrhoea stops.

How can I prevent spread?

Careful hand washing with soap and water after using the toilet or handling nappies and before touching food.

QUANDIALLA CENTRAL SCHOOL



ANTICIPATED KINDERGARTEN ENROLMENTS

for

2016, 2017, 2018, 2019 and 2020

Please fill out the following slip if your child is going to commence
Kindergarten at Quandialla Central School
In the following years:-

2016	2017	2018	2019	2020
Name:	Name:	Name:	Name:	Name:
<u>Date of Birth</u>	<u>Date of Birth</u>	<u>Date of Birth</u>	<u>Date of Birth</u>	<u>Date of Birth</u>

Parent/Guardian: _____

Address: _____

Telephone Number: _____

Please return to Quandialla Central School

Thank You

COMMUNITY NEWS

CHRISTMAS SERVICE:

St. Mark's Anglican Church would like to welcome all to our Christmas Service on Sunday, 7th December – 6.00 – 7.00 p.m. Thank you.

ST. MARK'S ANGLICAN CHURCH SERVICES:

St. Mark's services will be held on the first Sunday of the month at 5.00 pm or 6.00 pm daylight saving time.

All Most Welcome.

EXERCISE CLASSES:

Exercise Classes - 9.00 - 10.00 am Friday's at the Quandialla Swimming Pool.

\$7 / class, please bring water bottle, comfy clothing, and appropriate shoes.

Enquiries please phone: Kim 63472152.

CATHOLIC CHURCH SERVICES – 2014:

Mass at Quandialla	10.00 a.m.	December 14 th
Liturgy at Bribbaree	6.00 p.m.	1 st and 3 rd Saturday of each month
Liturgy at Quandialla	10.00 a.m.	4 th Sunday of each month

* A Christmas Vigil Mass will be celebrated at Bribbaree on 24th December at 7.00 p.m.

2015 QUANDI CALENDARS ARE STILL AVAILABLE

A4 WALL: \$25.00 each or 2 for \$45.00

DESK CALENDAR: \$12.00 each or 2 for \$20.00.

Calendars are available at the Post Office, The Quandi Café or contact Ruth Penfold on 6347 2130 or 0408 381380.

QUANDIALLA COMMUNITY HEALTH NOTICE:

The Quandialla Community Health building will be CLOSED for refurbishment from 10/11/2014 to 19/12/2014 NO access will be allowed to this site during construction.

The Quandialla Community Health Centre will be re-located to the Anglican Church Hall, Corner Margaret and Third Street, for this period.

Ambulatory Clinic – 9.00 a.m. to 10.30 a.m. or by appointment. All other services as usual.

Phone: 6347 1200

WEDDIN SHIRE COUNCIL

Advertisements

AUSTRALIA DAY 2015 AWARDS

Interested persons and organisations are invited to make nominations for the Weddin Shire Australia Day 2015 Awards.

- Categories are:
- Citizen of the Year
 - Senior Citizen of the Year
 - Community Event/Organisation of the Year
 - Community Achievement Awards in any category.
 - Achievement Award – each secondary and primary school in the Shire.
 - HSC Academic Award – Henry Lawson High School

Nominations forms are available at the Council Chambers or Council's website www.weddin.local-e.nsw.gov.au and will be accepted up until **28 November 2014**.

STREET STALLS 2015

Applications in writing may now be lodged with the undersigned for allocation of dates for street stalls during 2015. It is anticipated that an allocation of dates will take place in December 2014.

Applications close on Friday, 5 December 2014.

PRIVATE SWIMMING POOLS

In conjunction with new requirements for swimming pool registration, inspection and certification, Council is holding an information evening on 2 December 2014 at 6.30 pm in the Conference Room of the Community Hub Building.

The evening will provide information to the public and local Solicitors and Real Estate Agents as to their responsibilities in relation to having private pools inspected and certified, and standards to which private swimming pools must comply.

GRENFELL WASTE FACILITY

To assist with the safe operation of Council's Waste Facility, Council would like to provide a reminder to the public of the appropriate actions at the facility. This will help with the safe and cooperative operation at the facility:

1. Please observe the 10 km/hr speed limit
2. Please observe the internal one way traffic directions
3. Please note there is no scavenging allowed
4. Please be aware of the days of operation and opening and closing times.
Opening 10.00 am Closing 4.00 pm. Tuesday, Thursday, Saturday and Sunday
5. Let's all be nice to each other and respect each other.

DEVELOPMENT CONTROL PLAN 2014

Council at the November 2014 Meeting resolved to adopt the Weddin Shire Council Development Control Plan 2014.

The Development Control Plan 2014 is available at the Council Office in Weddin Street, and Council's website www.weddin.local-e.nsw.gov.au

AUTHORISED BY GLENN CARROLL - GENERAL MANAGER

Key points to remember around schools

7 Safety around school crossings

Ensure that your child always uses the school crossing as this is the safest point of entry to the school.

Where there is a **school crossing supervisor** at a school crossing, pedestrians must wait on the footpath, at least one step back from the edge of the road, until the school crossing supervisor indicates that it is safe to cross.

Drivers must not proceed until the crossing supervisor's hand-held sign is no longer displayed, or until the crossing supervisor indicates that the motorist may proceed through the crossing.

At an **unsupervised children's crossing** when 'CHILDREN CROSSING' flags are displayed, drivers must stop at the white line if pedestrians are waiting to cross at the crossing. Drivers must remain stationary until the crossing is completely clear of pedestrians.

Drivers need to know that a children's crossing is a part-time crossing that operates before and after school hours, and at times when children are using the crossing, such as for excursions or during lunchtimes.



8 40km/h school zones

The 40km/h school zone slows traffic in the vicinity of the school.

Most 40km/h school zones operate between 8am and 9.30am and from 2.30pm till 4pm. The 40km/h school zone speed limit must be observed even if school children cannot be seen.

A 40km/h school zone operates on all gazetted school days including staff development days (pupil free days).

While some schools may operate on different term dates, school zone speed limits **MUST** be adhered to during NSW Government determined school terms.

Gazetted school term dates for 2014 and 2015 are listed below. These can be found at roadsafety.transport.nsw.gov.au website and the websites of the NSW Board of Studies, Teaching and Educational Standards and the NSW Department of Education and Communities.

Dragon's teeth road markings

To increase motorists' awareness of 40km/h school zones, triangular dragon's teeth road markings indicate that the vehicle is entering a school zone.

For information about fines and demerit points – visit rms.nsw.gov.au

GAZETTED SCHOOL TERM DATES

	2014	2015
TERM 1	28 January to 11 April	27 January to 2 April
TERM 2	28 April to 27 June	20 April to 26 June
TERM 3	14 July to 19 September	13 July to 18 September
TERM 4	7 October to 19 December	6 October to 18 December

For more information visit
roadsafety.transport.nsw.gov.au