



Quandialla Central School

"Together we provide opportunities to succeed"

Celebrating 100 years
of Education at QCS

Newsletter Tuesday, 27th August, 2013 (Week A No 26)

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Principal:

Phillip Foster

Assistant

Principal:

Wendy Robinson

**Head Teacher of
Secondary
Studies:**

Lisa Varjavandi

**School
Administration
Manager**

Robin Dowsett

**Parents and
Citizens**

Association:

President:

David Dixon

Secretary:

Leanne Penfold

Treasurer:

Catia Nowlan

Diary Dates – Term 1

August :

Wed. 28th Aug. Life Education Van
Friday 30th Aug. Western Area PSSA Athletics

September:

Wed. 4th Sept. ASPIRE to visit QCS all day
Thursday 5th Sept. Dental Clinic Visit – K-10
P.&C. Meeting – 7.30 p.m.

DEC Industry Links

Mock Interview Program 2013

Year 10 Students,
Caitlin Verde and
Maryanne Wright.
participated in this
program at the Grenfell
TAFE Building on
Friday,
23rd August, 2013.
Both girls were very
successful in their
interviews.



Minister's Commendation – 100 years of service to students and the community

On a recent visit to Quandialla Central School, Mr Peter Snowden, Director Public Schools Lachlan, presented the school with a certificate on behalf of Mr Adrian Piccoli – Minister for Education and Training. The certificate recognises the schools centenary. I have included a copy for your own local history records.

Debating success

The Quandialla Central School team contesting the Western Challenge debating competition has progressed to the Zone Final, which will be in Mudgee during Week 9. Miss Howard was delighted to receive this news from the competition organiser and will work with the team to prepare for this debate. The topic for the debate is an interesting one – “That we have a better life than our Grandparents”, with Quandialla presenting the affirmative case.

PSSA Athletics

Sarah Penfold will travel to Dubbo for the Western Area PSSA Athletics on Friday. Congratulations and best wishes to Sarah as she competes in this competition.

Year 10 Mock Interviews

On Friday last week, our two Year 10 students – Maryanne Wright and Caitlin Verde – participated in the Mock Interview program. The program simulates the interview process used by businesses to recruit staff. The students were accompanied by Mrs Anne Noble, Careers Advisor. Maryanne and Caitlin both presented very well, and performed exceptionally well in the mock interviews.

The reports from the panel indicated both Maryanne and Caitlin would have been successful and been offered positions in a real recruitment process.

Congratulations to Maryanne and Caitlin and thanks to Mrs Noble and Ms Howard for coaching them in their preparations.

Life Education

Harold and the Life Education program are visiting the school tomorrow, Wednesday 28 August, and Primary students are looking forward to participating in the program.

P&C Meeting

The next meeting of the Quandialla Central School P&C Association is set for Thursday next week – 5 September, in the Staff room beginning at 7.30pm. The organisation of the Primary faculty for 2014 will be outlined at this meeting. Parents and carers are encouraged to participate in the P&C meetings.

Late to school

A reminder that students are required to be at school by 8.55am each school day. Lateness is a partial absence and parents/carers are required to explain why their students are late to school. “We all slept in”, “we were up late last night” and “we were getting organised” are not acceptable reasons for students being late to school. Parents are responsible for ensuring their children meet the school attendance guidelines. Students who are persistently late to school will be referred to the home School Liaison Program.

Instagram

Find out about *Instagram* and why it's useful and fun to use. Importantly, this fact sheet will help you decide if the mobile application is appropriate for your child. Find out more at <http://bit.ly/18NSYS3>

Starting high school

Year 7 is a huge learning curve for many children. If you have a child starting high school next year, here are some videos and articles to have you both ready to go. Find out more at <http://bit.ly/Sfp15lfb>

Spring fitness

Be ready to inspire your whole family at the start of spring. Listen to Australia's popular personal trainer Michelle Bridges chat with James O'Loughlin about keeping your children and family healthy, active and out of the pantry.

Find out more at <http://www.schoolatoz.nsw.edu.au/wellbeing/fitness/fitness-for-the-whole-family>

Spelling success

The Premier's Spelling Bee 2013 app has arrived. It's a must-have app for students who want to practise their spelling. It's free and available for Android devices. Find out more: <http://bit.ly/19XrnS1>

Managing depression

What's the difference between general teenage moodiness or attitude and a more significant emotional disturbance? Brain and mind specialist Professor Ian Hickie explains.

Find out more at: <http://www.schoolatoz.nsw.edu.au/wellbeing/health/managing-depression-in-children>

English resources

Being able to communicate and understand the written and spoken word is an important building block to learning. These resources will help you support the development of your child's English skills. Find out more at <http://www.schoolatoz.nsw.edu.au/homework-and-study/english>

Enrolling children at school

Quandialla Central School is a very well resourced school, with excellent teachers and staff, where students consistently achieve excellent results. The school works closely with parents, families and the community.

Parents and families are invited to contact the school for further information on enrolling children in Kindergarten and Years 1 to 12 at Quandialla Central School for the **2014** school year.

Contacting the school

Please contact the school for further information. I am always available to meet with parents, provide further information and answer questions.

Kind Regards

Phillip Foster - Principal

Musica Viva Concert



William enjoyed taking part in the Musica Viva Concert held today.



Tuesday, 27th August, 2013

Due to the generosity of the Quandialla Central School P.&C. Association, all students were able to attend this enjoyable performance, free of charge.

The five piece band, played music, inspired from South America.



Thank You

Quandialla Central School has been delighted to receive a number of cameras donated to our school by Olympus.

The Students and Staff wish to publicly thank Olympus for this extremely generous donation to our school.

The cameras have already been put to good use.

Many thanks once again to Olympus for this wonderful donation.

This certificate was recently presented to Quandialla Central School by the Director
Public Schools on behalf of the Minister for Education and Communities,
Mr Adrian Piccoli.



Education &
Communities

Minister's Commendation 100 years of service to students and the community

Presented to

Quandialla Central School

May 1913 - May 2013

Making a valuable contribution to public education

A blue ink signature of The Hon Adrian Piccoli MP, written in a cursive style.

THE HON ADRIAN PICCOLI MP
MINISTER FOR EDUCATION

26 July 2013

DATE



Bookweek Celebrations

Book Character Parade



Left to right: Scarlett and Matilda (Pre-School), Tyson and Dana (Kindergarten), Angus (Year 4), Brendan (Year 7), Haylee and Sarah (Year 5).



Haylee enjoyed dressing-up for Bookweek.



Left to right: William, Zachary, (Mrs Dixon), Emma, Sarah, Angus and Haylee

CANTEEN NEWS & ROSTER Term 3 - 2013

Our School Canteen is open on Wednesday

Time of Arrival is 10.00 a.m.

President: David Dixon – 6347 1271 Secretary: Leanne Penfold - 6347 2119

Treasurer: Anne Dixon - 6347 1271

Roster

| | | | |
|------------------|-----------|---|----------------|
| 28 th | August | - | Kim Broomby |
| 4 th | September | - | Leanne Penfold |
| 11 th | September | - | Jodi Atkins |

Please Note:

If your name is not on the roster and you would like to have a turn on canteen, please contact Leanne Penfold and we will put you on the roster either with somebody this term or next.

Please remember to bring lettuce and tomatoes. Buns and ham are purchased from the Quandialla Café.



STEPHANIE ALEXANDER KITCHEN GARDEN

DONATIONS OF MATERIALS NEEDED URGENTLY

We are ready to build some more garden beds and require donations of the following:

- Manure (sheep, horse, pig, cow)
- Lucerne hay, pea straw
- Newspapers



Parents please note:

GIRLS UNIFORM

ORDERS FOR NEW SCHOOL DRESS

If you require a school dress for Term 4 or for next year, and would like to place an order through the school, please fill out the form below and **return to the school with payment by Friday, 30th August, 2013.**

If you wish to order yourself online, please contact Sarah Ryan for the web details. If we order together we can combine the postage cost.

Orders forms are available at the front office, during school hours. If paying by cheque please make cheque payable to the Quandialla P.&C. Association.

Thank you.

LAKE BURRENDONG

12TH-16TH AUGUST

On Monday the 12th of August Years 3-10 students from Quandialla Central School travelled to Lake Burrendong Sport and Recreation Camp. We had to be at the school at 8:15am to leave at 8:30am sharp. The trip took about three hours. Everyone was very excited to arrive, as the bus was really noisy. We had a short stop for recess at a nice park in Canowindra. The teachers that came with us were Mrs Robinson, Miss Howard and Mr Hofman.

When we arrived at Lake Burrendong we met Matt and Jess who were our instructors and they gave us a short introduction to the site. After that we had lunch which was a delicious beefburger. We had a little rest, and then we had our first activity, Games and initiatives. My favourite game was Lilly, in which you had a pipe that had holes in it and you had to float Lilly, (a rubber duck), out of the pipe. Another game was the water raft, where you had a rope and you had to get all of your team to the other side, safely without landing in water filled with crocodiles, but it was actually dirt. If it had been real crocodiles I would only have one foot left. Next we played the blind fold game where you get a blind fold and you chose someone who you trusted to guide you to the destination. My partner was Emma. After that we had free time, so we played community tennis but we kept hitting the ball off the court. It was the secondary's turn in washing and setting up in the dining room, so primary had more free time.

Our dinner time was 5:30. Just as we sat down for dinner Ivanhoe Central School arrived, but that didn't worry us as we all had hungry stomachs. For dinner we had delicious chicken schnitzel and vegetables. After dinner we went to our lodges for showers. Our lodge was called the Meroo lodge. At 7:00 we went to the assembly point to go to the recreation hall to play mini Olympics. When we went to bed a few people chatted because they couldn't settle down on the first night.

On Tuesday, for breakfast we had pancakes which were cooked perfectly and they were delicious. Our first activity for the day was orienteering. You had to go around in a group with a map to find letters on buildings. The first group back won. When we got back we had to solve a puzzle. The answer to the puzzle was Ben Hall-bushranger which you got from the letters on the buildings. Our second activity was BMX. The types of bikes we rode were Mongoose. On the first lap Emma fell off and scraped her leg that bruised and swelled up.

For lunch we had beautiful chicken wraps, almost everyone went for seconds. After lunch we went to the low ropes. My favourite was the Tarzan. You had to go on one skinny rope and swing from other ropes to get to the other side. Next we went Grass skiing. This was really fun. I went on the very top of the hill. It would have had to have been one of my favourite activities.

Next we played tennis in free time. It was primary's turn to do the washing and setting up. Only the girls worked for dinner because it was the boys turn for breakfast. We had spaghetti bolognaise for dinner, it was delicious. Our night show was wacky races, we had silly little races. At the end we had a race where you had to make a car out of boxes, and then in your team you had to choose a team member to be the queen. My team chose me to be the queen. When we started the race our car fell apart, in the end we came second. After that it was time for bed so we had some supper which was a cup of flavoured milk and a biscuit, and then we went to bed.

On Wednesday, we had poached eggs and toast, they were great. Our first activity was kayaking. My legs got soaked! It was so fun. We went to the end of the creek where some people got banked. After that we all made a big circle by holding on to everyone's kayak. We went to a nice little spot to have a break and we had some fruit and skipped rocks. We had another session of kayaking so we played some games. We played stuck in the mud and I was in. Mr Hofman caught a catfish and kept saying how slimy it was. When we got back we had lunch which was a yummy chicken burger. It was the only thing I had seconds in all week.

After lunch we went rock climbing. At my first go I was a bit scared but soon I got over it and had a great time. I made it to the top both times. My group had two goes each. For free time we played table tennis and chess. For dinner we had roast beef and it was great. The night show was campfire and damper. I learnt a new way how to cook damper. We had supper with our damper. There were lots of laughs and burnt dampers. Then we went to bed.

On Thursday morning we had hash browns, spaghetti and toast for breakfast; it was great. The first activity we did was flying fox. When I got to the top of the tower (where we jumped off) I was quite scared. I soon got over my fear and had a great time. We were going to have two goes but we ran out of time. We had flying fox until lunchtime. For lunch we had ham and salad sandwiches.

After lunch we had a rest then we went to our next activity which was archery. I got a bullseye and I was really excited by this. We played a game and I married Justin Bieber in Scotland, travelled there in a car and had five children. I only married Justin Bieber because I hit bullseye. Next we went to fencing. It was really fun but I wasn't really good at it. I versed everyone with the real foils (the metal sticks). I only versed Will with the plastic ones and got whipped lots. For dinner we had fish and chips. It was great! For the night show we were going to have a disco, but we had to watch a movie, because of the mixed ages. We watched Surfs Up. Then we went to supper. Supper was a bit different that night because we had slice instead of biscuits. After supper we went to bed. Everyone was excited to get home.

On Friday we had scrambled eggs. The eggs were delicious. Ivanhoe didn't have breakfast with us because they had a twelve hour bus trip. After breakfast we packed up and headed for the Wellington Caves. The caves were great and interesting. We even saw an old bible! The phosphate mine was great! We saw some bones of the animals that roamed around before the aborigines. After that we went to the gift shop and went home. Everyone was exhausted. When I got home Dash was extremely excited and I was extremely excited to see him and my family. I had a great time.

By Sarah Penfold - Year 5, 2013



Lake Burrendong

On Monday 12th of August Years 3-10 got on the bus to go to Lake Burrendong. We got to Canowindra and we had a break for 20 minutes. Then we finally arrived at Lake Burrendong for lunch.

Ivanhoe were running late so we got to play problem solving games. We had to float Lily, the duck, up the leaky pole and we all got very wet. It was a lot of fun.

On the second day we did orienteering, BMXing, low ropes and grass skiing. I loved the grass skiing. It was the best thing ever. Will and I were partners. Will and I were pretty good at it.

The next day we did kayaking and rock climbing. I enjoyed kayaking - it was fun. Mr Hofman caught a cat fish with his bare hands.

On Thursday we did flying fox, archery and fencing. I enjoyed the flying fox it was very fast and awesome.

On Friday it was time to pack up we had breakfast and we got back on the bus to go to the Wellington Caves and the phosphate mine. Everybody liked the Caves and everybody liked the mine -it was interesting. Will licked the bat poo.

We made it back to school at 4.00pm all tired after a big week.

By Angus Kelly



GREATER WESTERN AREA HEALTH SERVICE ORAL HEALTH SCHOOL ASSESSMENT PROGRAM

Thursday, 5th September, 2013

Staff from the Child Oral Health Clinic will be visiting the school to provide free oral assessments for students. Permission notes have been sent out today with your child's newsletter, please return permission notes a.s.a.p., if you wish your child to be assessed.

Please note: That this is an assessment only and not a full oral examination. After the assessment your child will be given a letter to let you know the results and of any further recommendations.

COMMUNITY NEWS

CWA EDUCATIONAL GRANTS AND SCHOLARSHIPS 2013

The following scholarships are available through the CWA. Forms are available from the school office.

Jopling Education Grant

Tenable by child or grandchild (boy and girl) of a member at any level of education from year 3.

The Irene Ashton memorial Education Grant

Tenable by a student to assist with secondary or tertiary education.

The Jean Martin Memorial Education Grant

To be awarded in the area of the Arts, to a boy or girl up to the age of 25 years with demonstrated artistic ability. This grant is available to members and non-members.

Students requiring any of these grant Application forms, please call into the Quandialla Central School Front Office to collect. Please return completed applications **no later than 3:00pm Friday 30th August, 2013 to Quandialla Central School office.**

No Late applications accepted. Thank you.

ST BRIGID'S CHURCH NOTICE:

Mass - 10:00 am - 2nd Sunday of the month and **Liturgy**- 10:00 am – 4th Sunday of the month

These services will be held at St Mark's Anglican Church until further notice while necessary repairs are being carried out at St Brigid.

ST MARK'S ANGLICAN CHURCH:

Services held 5.00 pm, fourth Sunday of the month, during winter months.

All welcome.

EXERCISE CLASSES:

Quandialla Memorial Hall, 9.00 - 10.00 am Friday's.

\$7 / class, please bring water bottle, comfy clothing, and appropriate shoes.

Enquiries please phone: Kim 63472152

DONATIONS OF MATERIALS URGENTLY REQUIRED for the 'STEPHANIE ALEXANDER KITCHEN GARDEN' at Quandialla Central School:

If you are able to help with the following donations towards our Kitchen Garden, it would be greatly appreciated: Manure (sheep, horse, pig or cow), Lucerne Hay/Pea Straw or Newspapers.

Please contact Quandialla Central School if you are able to help – 6347 1207. Thank you.

DIABETES
QUIT SMOKING
WEIGHT LOSS
HEALTHY LIFESTYLE



Community Nurse Clinic on again
Call Quandialla Health Service for an appointment

63471200

Wednesday 4th September 2013

IMMUNISATIONS & BABY HEALTH CHECKS
The Child & Family Health Nurse will be out at Quandialla
Thursday 5th September.

Please phone 63491777 for an appointment.