



Quandialla Central School

"Together we provide opportunities to succeed"

Newsletter Tuesday, 14th May, 2013 (Week A No 13)

Centenary Celebrations
Saturday, 27th July, 2013

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Principal:

Phillip Foster

Assistant

Principal:

Wendy Robinson

**Head Teacher of
Secondary
Studies:**

Lisa Varjavandi

**School
Administration
Manager**

Robin Dowsett

Parents and

Citizens

Association:

President:

David Dixon

Secretary:

Leanne Penfold

Treasurer:

Robin Dowsett

Diary Dates – Term 1

May :

Mon.-Friday 13th-17th May

Tuesday 21st May

Thursday 23rd May

Friday 24th May

Wednesday 29th May

Thursday 30th May

Friday 31st May

NAPLAN

ICAS Computing Test

PSSA Netball – Divisional Day, Dubbo

PSSA Lachlan District Cross Country –
Forbes Racecourse

QCS Athletics Carnival – Quandialla

Musica Viva Concert – ‘Song Company’ 9.30 am
at Quandialla Central School.

School Assembly – 2.30 pm and
Bookfair



Stephanie Alexander Kitchen Garden Program

'From the Garden to the Table'



Cross country

The school cross country event was conducted last Wednesday, with a large number of parents and family members attending to support the children. The event was run in ideal conditions (for long distance running). Thanks are extended to parents for supporting the children during the event.

Three students will progress to the district cross country event in Forbes next week – Emma Dixon, Hayden Bridger and Haylee Bridger.

School uniform

Samples of the new uniform are on display in the school foyer area for the next few weeks. Please drop in and look at the display and let the school know your thoughts on the new uniform.

The P&C will also display the new uniform in the school library on Wednesday 15 May from 9.30am. P&C members will be there to provide information, answer your questions, and collect your feedback. The idea is that the new uniform will be phased in from the beginning of Term 4 in 2013.

NAPLAN

The NAPLAN testing program for students in Years 3, 5, 7 and 9 is scheduled for Tuesday 14 May to Thursday 16 May.

It is extremely important that each student attends school and completes the NAPLAN tests on these dates. Please contact me if you have questions.

Stephanie Alexander school garden program

Don't forget that parents are encouraged to participate in the program, and are invited you to join us. The "garden day" is Thursday each week, for about 40-50 minutes before lunch and your assistance during these sessions will be wonderful. Start time is 12.20pm.

The students participated in the first cooking session last Thursday, and the Kitchen was buzzing with enthusiasm. Under the guidance of Mrs Noble and Mrs Rowland, the students prepared a fantastic meal, incorporating the products harvested from the garden before lunch. Every student had a job to do, and everyone did their job exceptionally well. The best part was that everyone enjoyed a delicious meal – pizza, salads and desert.

School Centenary

I hope everyone has been rehearsing their singing of the School Song (see last week's newsletter for the words), as this will be a key part of the Centenary Celebrations, to be held on Saturday 27 July at the school. This will be followed by a Bush Dance on the Saturday night, organised jointly by the P&C and the Swimming Club committee.

The celebrations will begin at about 12.00 and finish at about 4.00pm.

There will be a special BBQ lunch and a ceremony acknowledging the centenary. It will be an important and enjoyable day and evening.

There will be a small charge to cover the cost of the BBQ, and we ask people to **RSVP** to the school office, **by Friday 28 June**, please. The invitation has also been published in the local "Idle Chatter" community newsletter.

RSVP by telephoning 63471207 or emailing the school at quandialla-c.school@det.nsw.edu.au

Food Allergy Week 13-18 May

Did you know that 1 in 10 babies born in Australia will develop a food allergy? The Food Allergy Week website has lots of great information, ideas and resources to help you be more allergy aware. Find out more at <http://www.foodallergyaware.com.au>

Preparing for NAPLAN

If your child is currently in Year 3, 5, 7 or 9 at school, they'll sit NAPLAN tests this week. And despite what you may have heard, there's no reason to panic. For an explanation of what it's all about, go to <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/all-about-naplan>

Is your child making friends at school?

Kids who get on at school tend to be more engaged in learning. Here are some ideas on how to help your child with social skills: <http://www.schoolatoz.nsw.edu.au/wellbeing/development/how-friendships-boost-your-childs-learning>

Mastering spelling

Are you checking your child's weekly spelling homework? Try talking to your child about how you spell, and what you do when you don't know how to spell a word. Here's some advice about how to help your child master spelling.

Find out more at www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/getting-your-child-used-to-writing

Year 10 subject selection

In Year 10 students are asked to select subjects for Years 11 and 12. Here are some tips to help your teen choose well.

<http://www.schoolatoz.nsw.edu.au/homework-and-study/planning-for-the-future/year-10-subject-selection>

Choosing a mobile phone

What should you consider when choosing a mobile phone for your child? Here are some ideas to help you through the process: <http://www.schoolatoz.nsw.edu.au/en/technology/using-technology/choosing-a-mobile-phone>

Enrolling children at school

Quandialla Central School is a very well resourced school, with excellent teachers and staff, where students consistently achieve excellent results. The school works closely with parents, families and the community.

Parents and families are invited to contact the school for further information on enrolling children in Kindergarten and Years 1 to 12 at Quandialla Central School for the 2013 school year.

Contacting the school

Please contact the school for further information. I am always available to meet with parents, provide further information and answer questions.

Kind Regards

Phillip Foster - Principal

CANTEEN NEWS & ROSTER Term 2 - 2013

Our School Canteen is open on Wednesday

Time of Arrival is 10.00 a.m.

President: David Dixon – 6347 1271 Secretary: Leanne Penfold - 6347 2119

Treasurer: Anne Dixon - 6347 1271

Roster:

15 th May	-	Kim Broomby
22 nd May	-	Jennifer Kelly
29 th May	-	Tracy Penfold

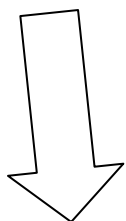
Please Note:

If your name is not on the roster and you would like to have a turn on canteen, please contact Leanne Penfold and we will put you on the roster either with somebody this term or next.

Please remember to bring lettuce and tomatoes. Buns and ham are purchased from the Quandialla Café.

Quandialla Central School

Centenary Celebrations



Saturday, 27th July, 2013

Past Students & Staff Contact Details:

Please contact Quandialla Central School if you have address details of ex students and staff.

Photos

Can you help?

Quandialla Central School is looking for old photos of school buildings, students, special functions etc.
If you can help please contact Quandialla Central School during school hours.

All photos can be scanned and given back. Thank you.

MUSICAL INSTRUMENT LESSONS:

Due to some changes in the secondary timetable, Ms Varjavandi will now be able to offer musical instrument lessons. Instruments available are flute, clarinet, trumpet, keyboard/ piano and guitar. Please leave a message at the office if your child is interested in starting lessons.

Thank you, Lisa Varjavandi
Lisa Varjavandi

BOOKCLUB - ISSUE 3:

Bookclub issue 3 is now available. Please return to school by Wednesday 15th May. Please make cheques payable to Scholastic Australia.

Thank you, Mrs Dixon

P & C News

Quandialla Parents and Citizens Association

EARN and LEARN STICKERS

The Quandialla P&C are now collecting EARN and LEARN stickers.

From Monday 8th April until Sunday 9th June, 2013, when you shop at Woolworths you will be given a Woolworths Earn & Learn Point. For every \$10 you spend you get a sticker to give to your school – Quandialla Central School.

The Woolworths Earn & Learn program offers products to suit students of all ages.

Stickers may be left at the front office at Quandialla Central School during school hours.
Thank you for helping our students.

**The P & C has placed boxes at Woolworths in both Young and Temora.
If you are in these towns you may drop your stickers straight in the box.
Alternatively you may drop them off at the box in the front office at school.**

**Thank you everyone who has already sent in stickers.
There are four weeks left to collect stickers.**

COMMUNITY NEWS

QUANDIALLA DISTRICT SCHOLARSHIP COMMITTEE - PRESENTATION EVENING:

Thank you to everyone who attended this evening and supported our local students. Congratulations most go to Benjamin Kelly for receiving the Year 10 Scholarship and to Hannah Broomby, Ashleigh Armitage and Stuart Taylor for all being awarded University Scholarships for 2013. Thank you to everyone who submitted applications this year, and we would like to encourage students to apply again next year. The Scholarship Committee would once again like to thank Barrick Cowal Gold Ltd, Incitec Pivot Ltd., GrainCorp, Central Tablelands Water, Quandialla Central School, Woolworths Ltd. and the Quandialla Catholic Ladies for their kind donations throughout 2012/2013.

BREASTSCREEN NSW - MOBILE SCREENING UNIT VISIT: GRENFELL – April/May, 2013:

It's time to look after Yourself. 1 in 9 women develop Breast Cancer. Early detection is your best protection. BreastScreen is primarily for women aged 50 – 69, but women over 40 are welcome. FREE, no referral needed.

The Mobile Screening Unit will be visiting: GRENFELL – April/May, 2013,

BOOK NOW: Call 13 20 50

TENNIS LESSONS: Peter Clifton from Forbes had indicated that he may be able to conduct tennis lessons at Caragabal if there is enough interest. Hannah Troth is co-ordinating numbers, so if you are interested in your child receiving tennis tuition please contact Hannah on 0421 888 601. All levels of ability could be catered for.

ST BRIGID'S CHURCH NOTICE:

Mass - 10:00 am - 2nd Sunday of the month and **Liturgy**- 10:00 am – 4th Sunday of the month
These services will be held at St Mark's Anglican Church until further notice while necessary repairs are being carried out at St Brigid.

ST MARK'S ANGLICAN CHURCH:

Services held 5.00 pm, fourth Sunday of the month, during winter months.
All welcome.

CARAGABAL MEMORIAL HALL FUNDRAISER - SATURDAY, 1ST JUNE, 2013:

Entertainment for Kids, Live Entertainment, Raffles, 100 Club and a Wood Auction.

A fundraiser will be held at the Caragabal Sports Oval on Saturday, 1st June.
Cost: Adult \$10.00, Child \$5.00 and Family \$25.00. Grounds will be open at 11.00 a.m. on Saturday. Sausages and steak sandwiches will be available for lunch. Bring your own camping gear i.e. chair, tent, swag, camper van etc. Please bring your own alcohol.
Can you cook in a Camp? Bring your own food, camp oven and recipe and cooking equipment and enter our Camp Oven Cook Off keep a small portion of your food for the judging. This will be held by 5.30 p.m. You will be in the running for some great prizes. If you choose not to cook your own dinner some meals will be available from the canteen as well as tea, coffee and soft drinks.

All enquiries to Donna Pursehouse (Phone – 6347 5230) or Dixie Maslin (Phone – 6347 5341).
Come along, camp out, dance the night away and have fun.

WOMEN'S HEALTH NURSE VISIT: The Women's Health Nurse will be visiting Quandialla Community Health Centre on Wednesday 15th May - 2 appointments available.
Phone 63471 200.

WEDDIN SHIRE COUNCIL – FAMILY HISTORY RESEARCH SEMINAR:

A date for your diaries – there will be an all-day family history research seminar at the library on Saturday, 26th June. Learn more about using TROVE, the FindMyPast database and hopefully the resources of the National Archives. For further information please contact the librarian - 6343 1334.

EXERCISE CLASSES:

Quandialla Memorial Hall, 9.00 - 10.00 am Friday's.

\$7 / class, please bring water bottle, comfy clothing, and appropriate shoes.

Enquiries please phone: Kim 63472152



**Fifty Shades
of midlife**
MENOPAUSE, MOOD & MORE

.....

**A FREE WEBCAST
FOR AUSTRALIAN WOMEN**

.....

WATCH FROM HOME,
WATCH WITH A GROUP OF FRIENDS OR
ORGANISE A COMMUNITY EVENT FOR
WOMEN WHERE YOU LIVE

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Women's health experts will talk about
a range of important health topics including:
menopause, mood, emotional wellbeing,
mental health, sexuality, intimate relationships,
food, nutrition and natural therapies

Host Dr Sally Cockburn (aka Dr Feelgood) – GP & media health advocate
Dr Elizabeth Farrell – Jean Hailes gynaecologist
Professor Jane Fisher – Jean Hailes Director
of Research & clinical psychologist
Maureen Matthews – sex educator & columnist
Sandra Vilella – Jean Hailes naturopath

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Women please join the team at Quandialla Health Center for a relaxed
& informative session and DVD.

Wednesday 15th May 2013
9 - 11 am (Morning tea included)

Call 63471200 to let us know you intend to come for catering numbers
please leave a message if no one is available.

Supported by: