



Quandialla Central School

"Together we provide opportunities to succeed"

Newsletter Tuesday, 4th December, 2012 (Week A No. 38)

Address:

Third Street
Quandialla 2721

Phone:

(02) 6347 1207

Fax:

(02) 6347 1248

Email:

quandialla-
c.school@
det.nsw.edu.au

Website:

[http://www.
quandialla-
c.schools.nsw.ed
u
.au/sws/view
/home.node](http://www.quandialla-c.schools.nsw.edu.au/sws/view/home.node)

Principal:

Phillip Foster

Assistant

Principal:

Wendy Robinson

**Head Teacher of
Secondary**

Studies:

Lisa Varjavandi

School

**Administration
Manager**

Robin Dowsett

Parents and

Citizens

Association:

President:

Kirsty Pockley

Secretary:

Leanne Penfold

Treasurer:

Jodi Vonthien

Diary Dates – Term 4

DECEMBER :

Wednesday	5 th December	Year 6 students – Year 7 (2013) Orientation Day
Thursday	6 th December	Kindergarten Orientation
		Parent Meeting – Kindergarten Orientation – 9.15 am
Thursday	13 th December	Kindergarten Orientation
Tuesday	18 th December	QCS Presentation Evening Ceremony

'Mobilo' fun during lunchtime



Left to right: Hayden, Reuben and Zoran

Anaphylaxis

Anaphylaxis is a life threatening condition. Recently, there have been a cases of students in schools who suffered a suspected anaphylactic reaction. In one case, a student previously undiagnosed with anaphylaxis, suffered a suspected anaphylactic reaction.

As part of the new requirements for schools to manage and respond to anaphylaxis, parents/carers are requested to notify the school office **immediately** if they are aware their child has an **allergy**, or if their child has been diagnosed with **anaphylaxis**.

The school will then contact the parent/carer and obtain further information.

If your child has an allergy or suffers from anaphylaxis, please contact the school office and provide this information urgently.

For further information on anaphylaxis and school, go to:

<http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/anaphylaxis/index.php>

Presentation ceremony

The annual Presentation ceremony is scheduled for Tuesday 18 December. The ceremony will be held in the Memorial Hall, with a buffet dinner at the school following the ceremony. Parents and families are requested to bring a plate to share. The school will provide a selection of cold meats. I look forward to seeing all parents and families at the ceremony and dinner.

Student attendance during Term 4

The final day of student attendance in Term 4 is Wednesday 19 December. The PBL whole school reward day, at the West Wyalong swimming pool, is organised for this date. Students will be required to return a signed permission note from their parent/carer. These will be issued to students closer to the date.

All students are required to attend each school day until Wednesday 18 December.

Semester 2 reports

Semester 2 reports will be available for parents/carers to collect at our Presentation Ceremony. Parents and carers are welcome to discuss their child's progress and performance at school with their class teachers. Please contact the school office to make an appointment with teachers.

Leaving your child at home alone

Making some clear 'home alone' rules with your child gives them an understanding of their boundaries and can also keep you from worrying. Most young people will be fine on their own when the appropriate time comes, so long as some guidelines are followed.

Find out more: <http://www.schoolatoz.nsw.edu.au/en/wellbeing/development/leaving-your-children-at-home-alone>

Developing a team spirit

Team sports help young people to learn that things don't go their way all the time, and that they need to respect their peers. They also help young people develop resilience and to learn how to respond to setbacks.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/fitness/benefits-of-team-sports>

Confidence in public

Young people need to develop their skills for speaking in front of others long before their 21st birthday. If your tips for keeping nerves at bay during public speaking are limited to imagining your audience in their underwear, here is some advice to help your child prepare for their big moment in the spotlight.

<http://www.schoolatoz.nsw.edu.au/homework-and-study/english/english-tips/public-speaking-in-primary-school>

Motivating lazy children

Why do some children lead a lazybones life, while others tear around the sports field? Is it a hereditary trait? And what can parents do to encourage those children to get up off the sofa, or switch off the computer, and get a little physical?

Find out more: <http://www.schoolatoz.nsw.edu.au/en/wellbeing/fitness/motivating-lazy-children>

Body image

For girls

Body image is the number one personal concern for young people aged between 12 and 24, with research showing they feel under more pressure than ever to look a certain way. In a revealing podcast, an expert in the area explains what healthy behaviour is and what parents should be concerned about.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/health/boys-and-body-image/body-image-and-girls>

For boys

Body image issues don't only affect girls and young women. Some boys also worry excessively and unnecessarily about their weight and the way they look. This podcast discusses the signs to look for when your child has body image issues and what you can do to help.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/health/boys-and-body-image>

Enrolling children at school

Quandialla Central School is a very well resourced school, with excellent teachers and staff, where students consistently achieve excellent results. The school works closely with parents, families and the community.

Parents and families are invited to contact the school for further information on enrolling children in Kindergarten and Years 1 to 12 at Quandialla Central School for the 2013 school year.

Contacting the school

Please contact the school for further information. I am always available to meet with parents, provide further information and answer questions.

Kind Regards

Phillip Foster - Principal

Left to right:

Sarah, Emily, Skye and Haylee.



CANTEEN NEWS & ROSTER

2 DAYS PER WEEK

TERM 4 – 2012

Wednesday, 5th December, 2012
L. Penfold

Monday, 10th December, 2012
M. Priestley

Wednesday, 12th December, 2012
C. Troy

Time of Arrival is 10.00 a.m.

President:
Kirsty Pockley - 6347 2168

Secretary:
Leanne Penfold - 6347 2119

Canteen Co-ordinator:
Michelle Kessey – 0459710268

Treasurer:
Anne Dixon - 6347 1271

PLEASE NOTE:

If your name is not on the roster and you would like to have a turn on canteen, please contact Michelle Kessey (0459710268) and we will put you on the roster either with somebody this term or next.

Please remember to bring lettuce and tomatoes. Buns and ham are purchased from the Quandialla Café.

PLEASE NOTE:

**LAST SCHOOL NEWSLETTER
FOR TERM 4 – 2012**

TUESDAY, 11TH ^{will be} DECEMBER, 2012

**Please have all notices in by 11.00 a.m.
Monday, 10th December, 2012.**

Thank you for your assistance.

QUANDIALLA CENTRAL SCHOOL

KINDERGARTEN ORIENTATION

The 2012 Kindergarten Orientation Program has commenced at Quandialla Central School and will run for seven weeks.

Week	Date	Times	Requirements
9	6.12.12	8:45am - 3:20pm	Hat, water bottle, munch crunch, recess and lunch
10	13.12.12	8:45am - 3:20pm	Hat, water bottle, munch crunch, recess and lunch

Parent Meeting

There will be a Parent Meeting held on **Thursday, 6th December, at 9.15 a.m. in the Library.**

If you require further information on our 2012 Kindergarten Orientation Program please contact Quandialla Central School during school hours – 6347 1207.

SWIMMING FOR SPORT

All students in Years 3-6 and secondary will be going to the pool for sport.

Cost is \$1.50 per session (students cannot use their season ticket for school visits to the pool).

Please bring swimmers, towel, hat, sunscreen, plastic bag for wet clothes, rash vest or shirt to swim in.



Quandialla Central School

Transition Day.

Quandialla Central School will be running a transition day for students who are considering attending our school in Year 7.

Date Wednesday 5th December

RSVP: If you have a child that would like to attend, please call our front office on 6347 1207 by Friday 29th November.

Parents are welcome to join their child for the morning.

The day's events will include:

- Short talk in the library
- Students participating in several lessons.
- A tour of the school.
- An introduction to the use of technology in our school.
- A morning tea for parents.

If you have any questions please don't hesitate to contact Cathy Rowland 02 6347 1207.

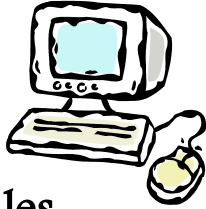
Quandialla Central School

Third St Quandialla

02 6347 1207

Quandialla Community News

CLIVES'S COMPUTERS



Computer Sales,
Repairs and Installation

*30 years experience, for personal service
phone Clive or Kim:*

**(02) 6383 3570 or 0428 351336
WE WILL COME TO YOU!**

ST MARKS ANGLICAN CHURCH

Services:-

Please Note Changes:

Morning Services are now cancelled.

Our next service will be:

23rd December at 6.00 p.m.

Our Christmas Service.

No service in January, 2013.
Our service for February will be on
24th February at 6.00 p.m.

All very welcome.

Services are always very child friendly.



COMMUNITY CALENDAR

DECEMBER:

- 16th Dec. Quandialla Bowling Club -
Member's Childrens Christmas
Party.
- 18th Dec. QCS - Presentation Evening
Ceremony

ST. BRIGIDS NEWS - MASS TIMES -

Mass Timetable Young & Grenfell

Young: Saturdays 6:00pm - Sundays
9:30am

Grenfell: Sundays 8:00am (4th Sun.
10:00 am)

Village Masses:

2nd Sunday – Quandialla –Mass 10:00am

3rd Sunday – Bribbaree- Mass 10:00am

4th Sunday – Quandi - Liturgy 10:00 am

(No Village Masses during January)

Christmas Masses:

Christmas Eve - Bribbaree
Vigil Mass 6:00 pm

Christmas Day - Grenfell
Mass 8:00 am

QUANDIALLA BOWLING CLUB

Phone: 6347 1209

Friday Night Jackpot Draw, this week \$600.00

(Must be a financial Member and present to win). Meat draw every Friday night

General News:

The Friday Club Draw went off last week, so there is now \$600.00 in the draw for this week, plus the meat raffle.



"Christmas Party"



Santa will arrive at 5.00 pm. on Sunday, 16th December, 2012, for the Member's Childrens Christmas Party.

Names in at the Club by Sunday, 9th December, 2012.

Come and enjoy good friendship and atmosphere at your Club.

Bar Duty: for weekend starting 7th December: David Piefke, Robert McAlister, Paul Harris and Graham Penfold.

Paper Roster: 9th December: Robert McAlister

QUANDI POOL SWIM SKOOL

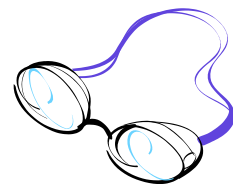
Enrol now for lessons

December 8th, 9th, 15th & 16th.

For those who are ready to swim independently.

4 lessons for \$50

January 7th, 8th, 9th, 10th, 11th.



Lessons catering for -

- 18 months – 3 year olds with an able helper.
- Independent swimmers
- Option of 4 lessons -\$50 or 5 lessons \$60.

Names can be left at the Pool Kiosk or with Robyn 0427471356

CARAGABAL CHRISTMAS STREET PARTY

Friday 21st December 2012 - commencing at 6.00 pm

Sausage Sizzle - Free Lollies & Drink for children – Chocolate Wheel
Lions Jumping Castle (gold coin entry) - Carols

A Visit from Santa

The Weddin Shire Council is once again sponsoring the “HOUSE or MAILBOX” decorating competition. So get into the festive spirit and see what you can come up with to put the district into the Christmas mood.

Great prizes to be won!!



For further information ring Donna on 0263 475 230

QUANDIALLA LIBRARY DEPOSIT STATION NEWS

The final selection of books for 2012 were sent last week. Included is “The Hunger Games” by Suzanne Collins which has been something of a publishing sensation around the world – see what you think. The National Year of Reading theme for November was ‘Cry’ and I’m told “The Mothers’ Group” by Fiona Higgins may well cause that to happen but it is a good book all the same. And “All Quiet on the Western Front” by Erich Remarque was published many years ago now but has become a respected classic war novel seen from the German perspective.

Very favourably received in Grenfell has been “Listening to Country” by Ros Moriarty, the real life story of a European woman marrying an Aboriginal man and the physical and emotional journey she makes as she travels into the Tanami Desert for a traditional tribal ceremony.

“Origami Boxes” gives clear instructions for making unique personalized containers for small Christmas gifts.

As this is the final Deposit Station News column for the year I would like to thank all members for their support during 2012 and wish everyone a joyous Christmas and a happy and healthy 2013.



Quandi Café Newsletter

Santa has left his Mailbox @ the Quandi Café,
so letters need to be posted in mailbox by 15th
December in order for Santa to reply to them
in time.

ECO CUPS – Now available in store \$17.50ea, first
Coffee **FREE!** (numerous designs available)

Buddha Baby Candles & Quandialla Candle Co
available – they make great **Xmas Pressies**
and Smell **Beautiful!!**

We also have a small range of Christmas Decorations
and Gifts available, so come visit
and have a look see!!

Danielle & Michelle

COUNCIL NEWS 5/12/2012

Local resident Ron Lamkin celebrated his 100th birthday on Monday 3rd December. Ron received congratulatory messages from the Queen, the Governor General, the Governor, the Prime Minister, the Premier and the Mayor.

Ron began life at Nurse Hespe's Maternity Cottage in Wood Street, itself a very important part of Grenfell's history.

Ron in turning 100 has reached a milestone we all aspire to. Congratulations Ron from everyone who knows you, and we look forward to many more years yet.

Reference to the old maternity cottage brings back memories of how it used to be back then, in some cases up until the 1950s, when birthing customarily took place separately from the hospital under the supervision of an experienced nurse or midwife. The Wood street premises served this purpose for many years.

A maternity section was constructed on the hospital grounds in 1916, and was the first public maternity block in NSW. This historic building is still there but in a state of considerable disrepair.

It is a matter for reflection that after the passage of so many years and the ongoing advancements in medicine and associated equipment, Grenfell now has no maternity facilities at all.

No doubt part of the reason for this is the need for specialist equipment which is too expensive for the smaller centres, and another part is due to the high cost of insurance for medical practitioners willing to perform maternity procedures.

One of the unfortunate outcomes of this sort of progress is identifying your "home" town, now that people are no longer born in Grenfell. Most people identify with their town of birth, some more strongly than others, but people who would be considered true Grenfell-ites are now being born in Young or Cowra or Forbes. Apart from distorting the census statistics, this may also cause a little personal angst to those affected. Or is the place of birth no longer important, now that transport is so much better and people are able to move freely around the country? Things to ponder.

Our new doctor is still awaiting approval of his visa and now hopes to be here early in the New Year. For the sake of his school-aged children, arrival before the end of January would be an advantage.

The writer had occasion last week to personally test the local health system and can report that every element performed flawlessly, including the Ambulance service, the Grenfell Emergency Ward and the Cowra Hospital. All the health professionals were highly skilled and provided excellent care. Whilst none of this in any way diminishes the need for a second doctor, it was reassuring to observe how well the remainder of the health system works in the absence of a VMO. If only the bureaucratic section worked as well as the coalface.

Council has been a member of the CENTROC Weight of Loads Group for many years but this all came to an end at the November Council meeting when a notice of motion to withdraw was carried without debate.

The role of the Weight of Loads Group was two-fold: one, to help protect the community's assets by controlling overloading, and two, to help protect other road users by controlling the large B-double trucks which may be using non-approved roads.

These matters will now need to be controlled by RMS(RTA) Inspectors and the Police.

The Henry Lawson Festival Committee is considering an offer to construct a life-size statue of Henry Lawson using surplus funds from the many Lawson Festivals.

Council has agreed to help install the statue at a location yet to be decided. This should be a distinguishing promotion for the town if final agreement with the sculptors can be reached.

As previously reported, the Festival Committee has brought the December meeting forward by one week to the 11th, to conduct a review of the 2010 business plan. Consultant John Allen will attend this meeting as part of his preparations for the 2013 plan.

Council recently invited tenders for the winning and crushing of up to 55,000 tonnes of road base gravel from four pits within the shire.

Although Calvani Crushing P/L provided the lowest overall tender, the best result for Council was achieved by splitting the pits between Calvani Crushing and Mitton Bros, giving a nominal \$600 saving and effectively halving the production time. Accordingly the tenders were accepted on this basis.

The expression of interest for a grant for the Blayney-Demondrille rail line is well under way, using Canberra consultant Section 51. Council resolved at the last meeting to contribute \$3000 towards the consultant's costs for this application. If successful, the possible return on investment is a factor of 5,000, certainly not to be sniffed at.

The recent Household Chemical Cleanout drew a good response, with a total of almost 21 tonnes being collected throughout the region. Figures for Grenfell included 2,938kg chemicals, 393kg gas cylinders and 116kg fluorescent tubes.

Residents should note that paint may no longer be dropped off at the tip as Council does not hold the appropriate authority. However it can be delivered to the next Cleanout when it will be removed from the site by the contractor.

STOP PRESS: The NSW Premier has just announced that the Government may abandon its previous "no forced amalgamations" policy for local councils and will now consider proceeding with amalgamations of councils in the metropolitan areas and the western area of the state. This is despite a review of local government being only partly completed.

At this stage the implications for Weddin Shire are unclear, so residents are urged to follow the issue in the media with an awareness that there are many tame city journalists who will only give you the Government's side. This is a time when a dose of healthy cynicism may be required for proper digestion of the news.

Dates to Note

- 11 December - Lawson Festival Committee Meeting, Community Hub, 7.30pm
- 20 December - Ordinary Council Meeting, 8.00am (note time)
- 24 Dec -1 Jan - Christmas Closedown